

The Daily Bites

March 21, 2011

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

To Prepare for the Next Convention

What is recommended in order to prepare for the upcoming Convention?

When I prepare for the Convention I need to examine the extent that it is essential to be in this position, to be connected to this event, to stimulate myself towards it. It is recommended to view the cultural events from previous conventions since watching them prepares the person, from within the sensations that the viewing activates on a person. Even if this is instead of reading or seeing previous lessons, that only confuse the person if they don't come together with action.

- from the 1st part of the [Daily Kabbalah Lesson 03/21/11](#) (minutes 22-26)

Daily Kabbalah Definition

Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions

Correction

What is correction according to the wisdom of Kabbalah?

We must be in advancement each moment and not to ask for revelation except the revelation of the attribute of bestowal. This revelation is that at each moment I will have the possibility to give, to connect to others and to bestow to them, like *Hafetz Hassid* (desire/object for mercy) who has no shirt and lives in the forest, and not needing it either. The Creator asks of us to be like Him, to bestow in order to bestow and afterwards to receive in order to bestow, and our advancement always needs to be

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above reason. This means that we won't ask that in our *Kelim* this will happen, that something will spread or will be formed except for acquiring the attribute of bestowal, except for the opportunity to bestow. To the extent that there is an opportunity to bestow or isn't an opportunity to bestow in something, doesn't matter to me since I am not waiting to receive anything in return from the Creator, except for one thing: the ability to bestow.

All of us, all of humanity, are already entering into this process and are within it, and we need to understand that we don't have a way back. We can't stop this historical process, that the attribute of bestowal will lead the world. Now we already see the changes towards this. Thus as the Kabbalists say, we have no other means except to worry that we will have an environment that will reinforce us on the way to the goal, that will give us strength, elevation, and happiness because from the Creator we can't receive that and not from ourselves either, but only from the environment.

- from the 1st part of the [Daily Kabbalah Lesson 03/21/11](#) (minute 1)