

The Daily Bites

June 21, 2011

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

To Publicize the System of Correction

The correct way to publicize the system of correction

One doesn't need to be a Kabbalist in order to understand that we need to connect. More than a few scientists and knowledgeable people in the world already understand that this is what needs to be done in order to overcome the crisis, and they already talk about the crisis and the required connection that we need. Our role is to publicize that there is a system of correction, a system of connection.

The problem is how to present the system to the world so that they will accept it. We need to go according to their ability to understand. If they are aware of the need to connect then we will talk about the connection and love of others and then gradually through the Light they will go through changes in intelligence and will discover other points in the heart and will begin to be conscious of the role of Israel.

- from the 1st part of the [Daily Kabbalah Lesson 06/21/11](#), (minutes 36-41)

Daily Kabbalah Definition

Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions

Happiness

What is happiness in spirituality?

The revelation of Light is not in the original, basic desire of the created being. By yearning, we open on top of this desire. A person is not able to develop this yearning by himself, but only through the

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environment. Why? Because then this yearning is in the form of bestowal and not reception. I yearn for a goal but need to reach it with vessels which are connection with others, love of others. Then I reach the goal which is the attribute of bestowal, which is the meal, the pleasure. The happiness is derived from my discovering in myself the attribute of bestowal. This means that the Light is revealed to me as good, as bestowal. What does it mean that the Light is revealed to me as good, as bestowal? I bestow and so I discover the attributes in the Light according to the law of equivalence of form.

Thus, happiness is not something that I deserve, not something I attain by myself, but to the extent that I have a great yearning, that I attain thoughts of the goal from the environment, then in these vessels that I receive from the environment, with my efforts, with my ability to suffer and with the *Arvut* (mutual guarantee) that I receive from it, then I feel happiness.

- from the 1st part of the [Daily Kabbalah Lesson 06/21/11](#), (minute 10)