

The Daily Bites

February 22, 2011

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

Increasing the Importance of the Goal

How do I increase the way I see the importance of the goal?

The society increases the way I see the importance of the goal! Through my natural tendencies (envy, passion, honor), I buy from the society what is important to them. Envy—I begin to envy that all the friends are involved in the goal and I'm not. Passion—All the friends say that bestowal is good and I don't think so. Why? Honor—Everyone honors the goal, bestowal, and I don't.

The society plays a game with me, because the truth is that at the moment the goal is really not important to them, but through their telling me what's important to them, by means of my natural tendencies, I acquire what's important to the society and receive from them the forces of attaining spirituality.

- from the 1st part of the [Daily Kabbalah Lesson 02/22/11](#), Writings of Rabash (minutes 39-41)

Daily Kabbalah Definition

Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions

Messiah

What is the meaning of the concept, "Messiah"?

"Messiah" is the means of bringing the Upper Light to fulfill us. Thus the spreading of the wisdom of Kabbalah in the entire world is called, "Messiah." The result, accordingly, is that each one who studies

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and disseminates the wisdom of Kabbalah brings the Messiah to the world. This means that the "Messiah" is not a specific person but the spreading of the knowledge and the correction through which we discover the Creator and are filled with this Light. The "Messiah" is the force that accompanies the created being and reveals the Creator to him. This is the correction of the *Kelim* (vessels) by the Upper Light.

- from the 4th part of the [Daily Kabbalah Lesson 02/22/11](#), "Introduction to the Book, Panim Meiros uMasbirot" (minutes 20-22)