

# The Daily Bites

April 22, 2011

*The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch*

## Daily Kabbalah Tip

*Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually*

### Who Am I?

#### Where does my “I” begin to evolve?

Below *Malchut* (kingdom) exists only a *Reshimo* (reminiscence) that still hasn't been realized, a drop of semen, and *Malchut* is the womb. The absorption of my deficiency in *Malchut* is like the absorption of the semen within the womb and only then the “I” begins to develop, like a fetus within the womb. Before that there is no me; I am still completely passive, not existing.

- from the 2<sup>nd</sup> part of the [Daily Kabbalah Lesson 04/22/11](#), *The Zohar* (minutes 21-23)