

The Daily Bites

October 22, 2010

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

Life Insurance

There is no advancement without a group and without dissemination

Someone who doesn't make "insurance" for himself in a group can easily leave. Each one needs to be concerned for things that tie him more and more to a group, to work, to commitments, to shift work, etc. Also the dissemination that we do is, first of all, for us, to strengthen us, and after that for the world. Dissemination and obligations advance us and tie us to the group and to studies. There is no advancement without a group, without dissemination; it can't be any other way.

During the convention we invite the influence of the environment on us, and it is only through the environment that we can connect to the Creator. And if there is no significant, physical obstacle, then we all must come to the convention and "lose our head," to let the society influence us, and to trust them to do that.

- from the 4th part of the [Daily Kabbalah Lesson 10/22/10](#) (minutes 45-48)