

The Daily Bites

March 23, 2011

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

Bring the Nation Closer

What actions should we perform in order to bring people closer to us?

Most people are still in the first stages of development, early stages, and they are not yet able to come to the studies. They can't grasp it. It takes time until one can connect to the words, until there is taste for the issues of man.

We need to organize activities that create connection in a way and on a level that everyone can connect to, like picnics and meals together. Of course we need to include studies in these meetings as well as different kinds of connection, but the main thing is to do these meetings often.

Maybe it would be worthwhile to have some kind of cultural place where people can go and listen to lectures on the education of children, for example, or activities which give them a taste on the corporeal level that can connect it to their lives. Gradually, with time, they will be included in us but at least they will be together with us and not alone at home.

- from the 1st part of the [Daily Kabbalah Lesson 03/23/11](#), "Preparation for the WE Convention" (minutes 35-38)

Daily Kabbalah Definition

Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions

Noah's Ark

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What is "Noah's Ark" in spirituality?

A person builds "Noah's Ark" for himself from strangers, from people he would reject. He doesn't see the faces; he doesn't see the behavior and he doesn't see the personality, but he does see their inner desire and he needs to build from their internality, from these desires, that same body to which he wants to bestow, to that same body from which he wants to be impressed. The work with them is mutual; everyone provides everyone with the feeling of *Arvut* (mutual guarantee), feeling of support, feeling of strength for development of bestowal and this works like a womb in which develops there: *Ibur* (conception), *Yenika* (drawing of sustenance) , *Mochin* (mindedness) until birth. All of this comprise a group and our connection with it develops at the state where we begin to already receive from it and by way of it, the Lights. Today we reached a state in which all the world enters the same development, into the same ark that we build in the general womb, that same general womb which was the womb of all of humanity.

- from the 1st part of the [Daily Kabbalah Lesson 03/23/11](#), "Preparation for the WE Convention" (minute 20)