

# The Daily Bites

January 25, 2011

*The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch*

## Daily Kabbalah Tip

*Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually*

### Awakening to the Light

#### How can I add to my request to the Creator and strengthen it?

The Light reaches the desire that exists between the souls. Thus, if I want to strengthen the request, first of all I must awaken stimuli with all kinds of actions, to arrive with this alertness to the group, and get awakening from the group so that I will have the desire to bestow and connect with the others.

To the extent that I stimulate myself and thus enter the group, I will receive a response from them, an awakening, from which I should be impressed as much as possible. This is what will enable me to turn to the Surrounding Light. Why, actually? Because if I turn to the group, it's a sign that I prefer bestowal over reception, value the group more than I do myself.

The turning to the group builds me correctly from the standpoint of spirituality since I am impressed by them, ready to comprehend from them everything they tell me, as from a Holy source. In this way I am already above my ego and request correction, to return to good. In such a connection, the Light that Reforms is summoned.

*- from the 3<sup>rd</sup> part of the [Daily Kabbalah Lesson 01/25/11](#), Talmud Eser Sefirot (minutes 17-21)*

## Daily Kabbalah Definition

*Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions*

### The Spiritual *Kli* (Vessel, Desire), Soul

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October 25, 2010

### What is the "Kli" in spirituality, and in corporeality what is the "soul"?

Spirituality is found only in *Kelim* (vessels, desires) that are found between people. This means that only desires that are shared between people are called spiritual "*Kli*," and these desires cannot exist in any person by himself. They can only awaken in actions that are shared, called: *Arvut* (mutual guarantee), "Don't do to your friend what you hate yourself," and "Love the other as yourself."

This means that the "soul" is not a personal, individual, inner feeling of a person, but only the shared feeling between all of us. This means that what seems to us in corporeality that the *Kli* is each one of us, then in spirituality it's the opposite. The *Kli* is what is found between us, the shared part between us. Thus we say that corporeality is the *Kli* of reception, to exist in inner absorption, and spirituality is the *Kli* of bestowal, to exist in external bestowal, outwards.

- from the 1<sup>st</sup> part of the [Daily Kabbalah Lesson 01/25/11](#), Writings of Rabash (minutes 23-28)