

The Daily Bites

May 25, 2010

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

Unlimited

There is nothing in the world that can change human nature except the Upper Light.

Students of the wisdom of Kabbalah are not limited from doing anything. One can study Kabbalah and continue doing everything he is accustomed to doing. The main thing is to sit and study. Those who study slowly understand that they need to integrate into the society, and that only the correct integration into the society with the correct study, will bring them to the goal.

Suffering and afflictions don't help a person change his nature. This is done only by the action of the Light the Reforms.

-from the 3rd part of the daily Kabbalah lesson (minutes 26-28)