

The Daily Bites

May 26, 2011

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

Internal Admiration

Don't believe your eyes; the truth is something internal.

I need to build within me a model of the next world where we are all found in the connection of bestowal and love and discover the Creator between us. I exert and build an internal world that can be opposite to the external world, and describe to myself the friends, the group, the Creator, and the connection between us. Ignore external impressions and don't believe your eyes, because we are speaking here of internal work.

- from the 1st part of the Daily Kabbalah Lesson 05/26/11 (minutes 17-21)

Daily Kabbalah Definition

Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions

The Evil Eye

What is the "evil eye" in spirituality?

"Evil eye" is called the envy that comes from someone. It happens because we find ourselves in a network of forces, the desires between us. So whoever is envious of you, as if, is taking the force away from you. Instead of love, instead of connection, he gives you a negative force. If it is people from the outside, then no matter, there is nothing to do; the world is corrupted and thus we advance. But if it is a person from within, if from a friend, then you are guilty that you invited such a response from him. In

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doing so you hurt him and yourself. You invited the evil eye and he isn't guilty because he is still not corrected.

- from the 1st part of the Daily Kabbalah Lesson 05/26/11 (minute 24)