

The Daily Bites

July 26, 2011

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

Clarify All the Way

How can you actualize the opportunities that open before you and not find yourself in suffering on the way?

From Above I am shown the initial deficiency, a small deficiency, that I must change into a big deficiency from which will come the plea to the Creator, the plea for correction. By way of the environment I must go deeper, to clarify and check correctly the deficiency that I received, to check where it comes from.

What is the source of its root? How is it connected together to the friends, to the teacher, to the environment? How will I know if I clarified enough? Until I receive an answer, if instead of an answer, I receive suffering, then that's a sign that I left the clarification in the middle and I missed the opportunities that I was given.

- from the 1st part of the [Daily Kabbalah Lesson 07/26/11](#), Shamati (minutes 13-17)