

The Daily Bites

April 27, 2011

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

To Stimulate by Remote Control

Who presses the buttons on the remote control that stimulates you?

The reading in the book of *The Zohar* is like pressing the buttons on the remote control, and thus we stimulate each other. One stimulates me and I stimulate him, since it is impossible to do it alone. And for that we have a group.

- from the 2nd part of the [Daily Kabbalah Lesson 04/27/11](#), *The Zohar* (minutes 35-39)

Daily Kabbalah Definition

Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions

"I"

What is "I" in spirituality?

My "I" is the measure in which I stimulate the others on the spiritual plane, not me myself, since that I is the corporeal one. The addition of how much I can encourage the network, this arousal that comes from me, that's my "I", that's the spiritual *Kli* (vessel). That's the force of the *Kli*, there inside the system, and not here with me since with me nothing is felt.

Do you understand? I am now advancing to the formation of my spiritual *Kli*. The Creator arranges the special state for me. He gives me the feeling that you are in a state that by yourself nothing will be

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successful. Don't you want to listen to anything? Try, 10 times, 100 times. I have time. Try. And we, the people of Israel groaned from the work, until I produce my pressure, my deficiency, and then in it I reveal spirituality. What do I reveal? What they obtained from me.

- from the 3rd part of the [Daily Kabbalah Lesson 04/27/11](#), Talmud Eser Sefirot (minute 25)