The Daily Bites

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The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Definition

Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions

Forces and Actions

What are forces and actions in the wisdom of Kabbalah?

The Reforming Light is the force that reveals in me the attribute of bestowal. We don't feel the light itself, in the same way that we don't feel the electricity which is present in some system. We never feel the force, but we feel only its action on something.

How do I know, for example, that there is the force of gravity? Only if I place something in the air and it falls, then I can say that there is some force of gravity here, a force that acts and pulls. Also when there is a magnetic force, one recognizes it only when some metal moves in some direction. This means that something is pulling it, acting on it.

We recognize something only according to its actions, and it works this way also with Light. We do not discover the Light, but we discover in us the results that come with it. This result we call, "Light" or electricity, or something else.

- from the 1st part of the Daily Kabbalah Lesson 05/27/11 (minutes 40-43)