

The Daily Bites

June 27, 2011

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

To Connect Above the Rejection

If we try to connect above the rejection of one to the other, we will build a place for the revelation of the next level.

We have all kinds of desires in us and we need to invert their form to a spiritual form, as much as is possible. This means to connect to foreign desires that aren't desirable to me and are even hated by me. I must connect over the rejection that there is towards the desires of others and connect with the desires that I have a mutual tendency for. When we try to connect over the rejection, we build a place for the revelation of a more internal level.

- from the 2nd part of the [Daily Kabbalah Lesson 06/27/11](#), (minutes 24-27)