

The Daily Bites

July 27, 2011

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

There Is None Else Besides Him

What is it preferable to think about, about connection or about "There is none else besides Him"?

Without "There is none else besides Him," there is no connection. If there is something else besides Him, then why should we connect? It is precisely "There is none else besides Him" that commits me to reach adhesion with Him.

- from the 1st part of the [Daily Kabbalah Lesson 07/27/11](#), Shamati (minutes 25-26)