

The Daily Bites

September 27, 2010

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

About Suffering and Disturbances

In each and every situation there is a raising of a request, and all are always intending for the Creator

We shouldn't divide the world: Now, I am involved with the Creator and now involved with other things, as if, this is for me and that is for Him. There is no such thing. In the correction of intentions there is no moment free, and we must raise the request in each and every state.

The request is not about a problem itself, be it physical, family, financial, etc., but rather always on the highest thing that includes all the levels of the smallest worries. It is all called suffering and all the suffering is designed in order that man directs himself correctly.

- from the 2nd part of the [Daily Kabbalah Lesson 9/27/10](#) (minutes 9-11)

Daily Kabbalah Definition

Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions

Shechina – Divinity

What is the place that is called "Shechina"?

The "Shechina" is called the place that needs to be corrected in our desire to receive and in our intention for the sake of bestowal. We need to work on both of them.

First of all, there needs to be the desire to receive, a big desire to reveal the Creator, an egotistic desire, the left line, and shells. (These big desires are not in us and this is a big problem as well.) Afterward,

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when one begins to study, read, and invite the Light that Reforms through the environment, then one begins to understand that revelation can only be according to similarity of form, only according to the intention for the sake of bestowal, which is the only thing that can help us match ourselves to the revelation of the Creator.

Here we are already talking about correction. First of all there must be something to correct and then one needs to come for correction.

- from the 1st part of the [Daily Kabbalah Lesson 9/27/10](#) (minutes 23-32)