

The Daily Bites

February 28, 2011

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

Where Did I Come From and Where Am I Going

There is no Light with a *Kli* and in order to advance I must want both of them.

If you are working for the success of the group but more and more feel that it is for the benefit of the ego, you must be happy for recognizing the evil.

If my relation to the group despairs me and I tie this relation to the goal, as I need to do with each and every situation, then this situation transforms into a correct action. I see that I am an egoist and I can't be any other way, and then I see that there is none else besides Him, which means that the Creator arranged this situation for me. It is clear that I need to do it, and from within the point of this clarification, I must find the way to receive the greatness of the goal. I need to feel that I am evil, as opposed to what I would like, as opposed to the Light.

There is no Light without the *Kli*, and the sensation must include them both. When I have Light and a *Kli*, I have two points of reference of where I came from and where I am going. Now I am only missing the force, and I need to acquire it. And thus this repeats itself from level to level, from state to state, and thus we advance step after step.

- from the 1st part of the [Daily Kabbalah Lesson 02/28/11](#), Writings of Rabash (minutes 33-39)

Daily Kabbalah Definition

Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions

Reshimot (Recollections) and Masach (Screen)

What are the meanings of the Kabbalist concepts of "Reshimo" and "Masach"?

"Reshimo" is some kind of picture of the spiritual state, which is actually the same pictures, only it is before its realization. "Reshimo" consists of the "Kli (vessel)" and the "Light." It is from the "Reshimo of Aviut (coarseness) and from "Reshimo of dressing," from deficiency on the one hand and from fulfillment on the other hand. And the "Masach" is what connects between them, that which makes the "Reshimo" a spiritual state.

For example, in our world there is a restaurant and an appetite. But I need to bring myself to the restaurant, to pay money, to receive food, and then to fill myself. This means that one needs to perform several actions of effort, payment, and only then to receive the fulfillment. Thus the conditions, that there is hunger on the one hand and fulfillment on the other hand, is called, "Reshimo," and all the rest, i.e., my effort, the payment, and the use is called the "Masach."

Another example: "Reshimo" is like data that is found on a hard disc on a computer, and when one operates the computer with a push of the button and the data appears on the screen, that is already called realization.

- from the 4th part of the [Daily Kabbalah Lesson 02/28/11](#), "Introduction to the Book, Panim Meiros uBasbirot" (minutes 12-15)