

The Daily Bites

April 28, 2011

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

Annulment and Worry

Take as an example, Rabbi Jossi Kesma....

We need to operate mutual worry in the group, and not necessarily annulment towards it. We need to come to inner worry to connection between the friends, a worry to find the connection that exists within the group.

- from the 4th part of the [Daily Kabbalah Lesson 04/28/11](#), "The Acting Mind" (minutes 45-47)

Daily Kabbalah Definition

Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions

Intelligence

What is intelligence in spirituality?

In our world, the material of those cells inside our head is called intelligence. In spirituality, that isn't intelligence. Intelligence is that which fills the material, the Light, the Light that clothes within the *Kli* (vessel), the light of *Hochma* (intellect) that according to it we feel and understand the Creator. We can comprehend the Light of *Hochma* according to the extent of our bestowal in the Light of *Hassidim* (mercy). Here there is a mutual relation between *Hassidim* and *Hochma*. I can't grasp that as in our world. In our world there exists only a small measure of the Light that I can receive directly without

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being clothed in *Hassidim*. This means that without resembling the Creator and thus with our intellect, here in this world, we are very limited in receiving pleasure.

- from the 4th part of the [Daily Kabbalah Lesson 04/28/11](#), "The Acting Mind" (minute 24)