The Daily Bites

September 28, 2010

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

Shechina (Divinity) Among Us

A woman needs to be a companion on the way so that the work will be mutual

It is written, "Man and woman and Divinity between them"; achieving Divinity depends on the mutual work of the man and woman. A Kabbalist must relate to his wife in a special way since she is part of him. It is written that a man must detach from his parents and adhere to his wife. I recommend men who are with us, to choose a woman who will be a partner on the path, and the stronger she is on the path, the better.

- from the 1st part of the <u>Daily Kabbalah Lesson 9/28/10</u> (minute 32)

Daily Kabbalah Definition

Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions

Line and Circle

What are "line" and "circle" in spiritual work?

The Surrounding Light illuminates on a person indirectly, and if a person still hasn't the ability to demand that the Light arrange all the order of events, thoughts, and desires in the form of a "line," then all of these things are found in a kind of pile, a kind of internal mess, something called a "circle." Also the Light that illuminates on a person does so in the form of the "circle." This is so since there is no coercion that the Light will arrange for him all the correct order of importance for all his *Sefriot*, all the components of his soul.

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It is only after a person receives the strength to overcome and deliver himself to the Light above reason with full agreement, and he asks that the Light correct him in such a way that all the order of events, thoughts, desires, the relations, and all that is revealed to him now in his vessels will be arranged to complement the Light that shines on him in a straight form. Then this is called that a man positions himself in relation to the Light in the form of the "line." Then the Light shines and arranges him in the form of the "line."

- from the 1st part of the <u>Daily Kabbalah Lesson 9/28/10</u> (minute 38)