

The Daily Bites

April 29, 2011

The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Daily Kabbalah Tip

Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually

Necessity and Bestowal

What is between necessity and bestowal? Is necessity also bestowal?

Necessity is also bestowal. At first you relate to the goal only, which is bestowal. But for example, if you eat so as not to die, this is a need to relate to necessity, since there is no choice; this then is the necessity from which bestowal is derived.

- from the 4th part of the [Daily Kabbalah Lesson 04/29/11](#), "The Freedom" (minutes 32-36)