

# The Daily Bites

May 29, 2011

*The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch*

## Daily Kabbalah Tip

*Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually*

### Given Authority

#### What does it mean to recognize one authority, the authority of the Creator?

A person has to attach himself to happiness. When I put myself into suffering, I don't advance and never will because this is a *Klipa* (shell). I must aspire that good and does good will fill my world. This is what I feel when I am in the network of the Creator. I need to adhere myself to the Upper One in order to receive a good feeling and to acquire the *Kelim* (desires) of bestowal.

*- from the 1<sup>st</sup> part of the Daily Kabbalah Lesson 05/29/11 (minutes 30-32)*

## Daily Kabbalah Definition

*Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions*

### Development

#### What is development in spirituality?

The light bestows the desire to receive until the desire to receive receives the desired form in the fourth aspect. The process includes four stages of developing the desire, which are called the four aspects of the Direct Light. There are no stages of development of the desire to receive in advance, but the Light bestows to it at the time, as if, there are responses that are called

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“four stages of development of the desire to receive,” and they aren’t found in advance in the desire to receive.

This means that first of all, the Light bestows on the desire to receive and then the desire to receive turns into the first phase. The Light continues to bestow on this first aspect of the desire to receive, and the first aspect turns into the second phase. Does something remain in the first aspect? Only an impression remains and nothing else. All the desire goes to the second aspect, and afterward the Light develops it into the third aspect and then into the fourth phase. Does something remain in the root, first, second, and third phases if we have already reached the fourth aspect?—only the enthusiasm, the inner impressions.

*- from the 2<sup>nd</sup> part of the Daily Kabbalah Lesson 05/29/11 (minute 15)*