

# The Daily Bites

August 29, 2010

*The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch*

## Daily Kabbalah Tip

*Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually*

### Connection

#### **What can we do when we don't succeed in reaching a connection?**

The situation of wanting to make a connection and not succeeding is a good situation since this is an opportunity to ask for the Light. I understand that everything I want to attain, even if it's for the sake of receiving, is attainable only within the connection, in the group. And so then, I reach a decision that we must connect. Then, we already know that it is possible to attain something only through the connection, and we try to perform all kinds of activities of connection, and after them, we learn from *The Zohar*. If we do all this, if during the studies we want only to connect, even if it is not the true state or the true desire, to the extent that there is an inner intention to bestow to the Creator, in any case, it works and the Light appears and changes us.

*-from the 2<sup>nd</sup> part of the [Daily Kabbalah Lesson 8/29/10](#) (minutes 16-19)*

## Daily Kabbalah Definition

*Definitions in the daily Kabbalah lesson guide a precise, spiritual approach to terms, & disqualify materialized corporeal definitions*

### Man And Beast

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### **What are the aspects of "Man" and "beast" according to the wisdom of Kabbalah?**

The aspect of "Man" is an inner distinction that exists, but only with our awakening to become a man; it is actually our yearning to be similar to the Creator, to reach equivalence of form with Him. If this yearning is not found in us, then at the same moment, we are immediately called "beast."

The aspect of "beast" in us is entirely managed by the Light that in any case brings us to advance, but with time, with pressure from the force of nature.

*-from the 1<sup>st</sup> part of the [Daily Kabbalah Lesson 8/29/10](#) (minutes 7-10)*