

# The Daily Bites

*July 30, 2010*

*The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch*

## Daily Kabbalah Tip

*Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually*

### A Picture Of The Spiritual World

**I need to add the picture of the spiritual world to the pictures that the desire to receive depicts for me on my egoistic screen.**

A person needs to become accustomed to constantly being in inner clarification. The moment I open a book, there is something to begin measuring myself with. It gives me the foundation that Kabbalists wrote about. They wrote about my corrected form, and I examine myself against what I am now. I examine what it is to be called a spiritual person in contrast to what I am now. This is how I advance.

In the beginning it seems like very tiring and hard work, which seemingly repeats itself, but afterwards the person begins to discover in this, the entire world. This is how the spiritual world is revealed.

The corporeal world that we now feel, we feel within our desire to receive. Various phenomenon within the desire to receive are depicted on our egoistic screens; that is, the picture we feel, ourselves and others, thoughts, desires, etc. To this we need to add another picture, one of the spiritual world.

*-from the 1<sup>st</sup> part of the [Daily Kabbalah Lesson 7/30/10](#) (minutes 23-27)*