

# The Daily Bites

July 31, 2011

*The most outstanding Q & A, excerpts, examples, illustrations, definitions, and advice from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch*

## Daily Kabbalah Tip

*Advice in the daily Kabbalah lesson is recommended, practical tasks for advancing spiritually*

### What Is the Goal?

**The salvation of the world is only through the internal change of each and every one.**

The goal is to be able to connect between us as one man in one heart. In order to reach that, firstly, one must understand the need to connect. The entire world wants change and is not able to create it, since external change can only come from the change within a person. The salvation of the world can be made only through educating people and through inner changes that they generate themselves.

- from the 3<sup>rd</sup> part of the [Daily Kabbalah Lesson 07/31/11](#), Preface to the Wisdom of Kabbalah (minutes 21-22)