

The Daily Page

February 28, 2011

*Taken from the Daily Kabbalah Lesson
of Dr. Michael Laitman and Bnei Baruch*

The Most Dangerous Stage on the Path

I have to change myself in conformity with the upper world. To do this I attract forces from that world through the group and change by means of those forces. Thus I ascend up 125 degrees and reveal the upper world. That is how it opens up to me, becoming more and more apparent.

In the process I am not working on something external, but on what is inside of me. I attract the forces of change to myself rather than applying my forces to something on the outside, the way we do in our world.

This determines my interactions with the environment: I do not want to change it, eliminate anything in it, or conquer it the way I conquer the people around me in this world, controlling them, submitting them to my power, and using them to achieve my own goals. This is especially vivid in our world among politicians.

In spirituality, however, everything is opposite: I work in the environment of friends quietly, often even without having any special discussions. If they were all chosen by the upper force to attain the spiritual world, then by bending down before them, I absorb their forces. These forces accumulate in me and join the point in my heart, and then I change.

This way, my criterion of progress is not the external conquests, but inner changes that manifest as new qualities and sensations, new understanding in relation to the study and the objects described in the science of Kabbalah. It isn't simple to re-orient yourself and shift to the approach that accords with the spiritual world. It takes a lot of time for a person to reach despair and to discover that there is no other way, to understand that he has to act differently, to begin hearing and realizing what he hears, and to build everything in the right order, placing himself under the influence of the environment.

In essence, this is the most important thing. Whoever has taken these steps and formed the right attitude to the group, has already gone through the first and most dangerous stage of the path without falling prey to his own egoism. It is extremely important to place yourself in front of the environment the right way. Rabash particularly underlines this in his articles.

We can even say that the subsequent steps are easier to make because I already have the right approach and focus. I understand that the Light is primary, that it is the only thing that operates in reality, and we have to give it the opportunity to do so instead of getting in the way with our egoism, as if we have the strength and reason to do anything ourselves. In fact, the only opportunity we have is to

naturally bend down our head before the environment and then to receive the forces for change and correction.

From the 1st part of the [Daily Kabbalah Lesson 02/28/11](#), Writings of Rabash

A Moment of Weakness for the Great Conqueror

In our world we are used to acting independently. I use all of my strength, knowledge, energy, potential of being connected with my environment, my inborn abilities, as well as habits ingrained by upbringing and education. I am the source; I am the center. Coming from myself I act and pave my path in the world.

At every step of the way we see how effective this approach is. After all, we were born by the power of egoism, the will to enjoy. And since we are already using that desire to “succeed” and attain self-profit, we therefore use everything we have, both our inner capabilities and the external means.

I have strength, reason, drive, and audacity—all the things that are inherent to me, and I use them outwardly, in the direction of going from within me to the outside. But that’s not what happens during the soul’s correction. If my set goal is not to succeed in this world, but in the spiritual world, if I want to break through into that world and acquire it, then I discover that I am not fit for it from the onset. I do not have the forces, understanding, or qualities that enable me to come closer on my own and to attack, break through, and conquer the upper world.

It takes time to realize this. But afterward, seeing that my regular “instruments” are powerless here, I experience weakness, give up, and don’t know what to do. Usually this brings a person to a great descent. After all, he does not have any means to attain what he desires. So what should he do?

There are two things concealed here that one must realize:

1. I do not belong or correspond to the spiritual world in any way, shape, or form. Now this is completely clear to me. And this moment of weakness is a good beginning. After all, in essence this is talking about the realization of my own nature, which is detached from the spiritual nature and will not help me in any way. I do not have any inclinations, means, tools, or possibilities of finding my way to the place where I want to be. I cannot make heads or tails of it. I am spiritually immobile and inaccessible.
2. I am able to obtain a force that will help me and a mind that will direct me at acquiring the upper world through the environment. After all, the environment is the means of attaining the upper world, and it is present right beside me. It is the group to which I am brought from Above and through which I can receive upper forces in order for them to influence me.

I do not acquire the spiritual world by aspiring to go from within myself outward to it. I do not buy it, absorb it, or break into it. Rather, in order to conquer the upper world, I must only adapt myself to it. Then I will discover that I am in it.

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This way, the approach to the work and its result, as well as the reconciliation of myself and the upper world are completely opposite to what we work with in our world. Here I must attain, acquire, or conquer what I desire, while the spiritual world, to the contrary, is ready for me initially. I am already in it and all I have to do is change in order for this to become apparent.

From the 1st part of the [Daily Kabbalah Lesson 02/28/11](#), Writings of Rabash