

# The Daily Page

June 1, 2010

*Taken from the Daily Kabbalah Lesson  
of Dr. Michael Laitman and Bnei Baruch*

## To See And Hear The Upper System

**People don't know what the state of *Lishma* is, and often use this name to label completely non-spiritual states.** They don't understand that to attain *Lishma* is a great work, which is impossible without studying Kabbalah, without the group, and obeying the rules of ascension explained by the Kabbalists.

In fact, *Lishma* means that you rise above your egoism and are entirely in bestowal. In the quality of bestowal, you see the spiritual world, and in this world, you exist only for the sake of spirituality. You identify yourself entirely with your soul, but your body still needs to be healthy in order to exist in both worlds. The soul can't really advance if its other half, the body, doesn't exist in this world. The soul needs the body until the very last step.

People don't understand that to attain the quality of bestowal, *Lishma*, one has to draw the Light that returns us to the source of bestowal, to equivalence to the Creator. Afterward, a person is called "angel," meaning he is openly receiving the Creator's orders and following them through. He either "hears" or "sees" the Creator. He uncovers the Upper System, his relationship with the Creator in the Light *Hassadim* or maybe even *Hochma*. This attainment doesn't have anything to do with the quantity and quality of knowledge, but only the measure of attainment of the quality of bestowal and love.

*-from the 3<sup>rd</sup> part of the [Daily Kabbalah Lesson 6/01/10](#)*

## What To Correct: Myself Or The World?

**There is a goal before us.** It may seem attractive to us or not. Our perspective is somewhat like a child who desires what is pleasant in his eyes (sweets) and not necessarily what is good for him (spinach). Despite our reluctance, we have to find and assume the correct form of behavior in order to ascend to the new desire for bestowal, instead of remaining in our current desire of only receiving.

This means that we must accept, above our will and nature, that the goal and Upper Governance is good and necessary because it belongs to a different level, the level of bestowal. And Kabbalists tell us the best way to move toward this goal, the level of bestowal.

## The Daily Page

*June 1, 2010*

The way is simple; they tell us: We must accept facts that are unpleasant to us. We would like to bend the world to fit us, while we ourselves wish to remain unchanged. Yet, the Kabbalists advise us to accept the world as it is (It is good and perfect. I just don't see it as such.) and annul ourselves.

So, a person walks using faith above reason, meaning above his egoistic heart and understanding, and wants to see the world in the Light of bestowal as it is described in Kabbalah. If we try to see the corrected world, group, and ourselves, we will begin to demand the Light that Reforms. This is why we must examine ourselves and the world each moment, criticize, and walk above this criticism!