

The Daily Page

September 2, 2010

*Taken from the Daily Kabbalah Lesson
of Dr. Michael Laitman and Bnei Baruch*

Light Instead of Medicine

Question: If everything comes to us through the group, then why is it that when we have material problems, we have to work on them and try to solve them? If you're sick, then you have to go to a doctor. Why isn't it enough to simply turn to the group and have it help you on the inner level?

Dr. Laitman's Answer: We are not yet at the level of being able to solve all the problems through the connection with the group. However, in reality it really should work that way. You are asking a very fair question: Why is it impossible to solve all the problems with the help of the Light that Reforms? Why can't we turn to the group, concentrate a powerful desire there, and let it happen by acting directly upon the Light, the Source of life?

Once when I had an extremely painful ulcer, Rabash made me sit next to him and study. I could not bear the pain so I was unable to sit there and delve into the text and the intention. I could not overcome the pain and attract the force that would soothe my pain, and perhaps it would have cured it altogether.

Without a doubt, it was my own fault for being so weak. That is why I couldn't do it and attract the Light when I was right next to my teacher, when we sat and studied together. Since he offered for me to do this, it meant that I was able to! But at that moment I could not.

Returning to your question, once we have a large group, then we will not need any external means or medicines to solve any issues! Medicine acts on the bodily level, whereas we will be able to act directly to fulfill the desire that perceives a lack of fulfillment, experienced as illness or pain. We won't just be curing the body, but using it as a reason to cure the soul.

From the 4th part of the Daily Kabbalah Lesson 9/2/10, "Introduction to the Book, Panim Meirov uMasbirot"

Sweet Is the Longing of the Heart

Question: Is our suffering in this world not enough that we have to feel more pain striving for the Upper World? It looks like a person doubles his suffering when he embarks on a spiritual journey, doesn't he?

Dr. Laitman's Answer: That is correct. Your suffering becomes greater so that you cover this spiritual distance faster! What else could possibly give you a start? However, we do not receive suffering from Above, but are expected to find this lovesickness on our own. The Light that Reforms evokes our heartfelt longing for it, and we start moving ahead motivated by the latter. This is not the same as the

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suffering of this world, where we are like animals who are being beaten and don't understand why, and simply keep running from the blows.

It is up to us to start acting. But we think, "Oh well, let's wait until the help from Above arrives and takes care of everything." What kind of help do you think is going to come? Only the suffering in this world will force us to advance!

Alternatively, if you connect to the group, you will receive spiritual suffering and will start advancing sooner. It will be a sensation of a spiritual void, the longing of the heart, lovesickness. Then you won't need to be driven by the corporeal pain. If you make an effort to advance at the speed that is assigned to you, according to your original spiritual genes (*Reshimot*), it won't be necessary to drive you "toward happiness with a rod."

It is true that when you ascend so high that you can connect with all the other souls, you start feeling pain for them like a mother suffers when seeing the pain of her children. This is why we think that Kabbalists also suffer in this world.

From the 4th part of the Daily Kabbalah Lesson 9/1/10, "Introduction to the Book, Panim Meiros uMasbirot"