

# The Daily Page

August 3, 2010

*Taken from the Daily Kabbalah Lesson  
of Dr. Michael Laitman and Bnei Baruch*

## Forgetfulness Is Redemptive

**Question:** It often happens that I understand a lot during the lesson, but later I forget everything I thought about and understood. Is this the right way to advance?

**Dr. Laitman's Answer:** Forgetfulness is actually the best quality a person has. Otherwise he would not be able to change his states. If one's desire changes, then the mind serving the desire changes as well.

Memory acts mechanically and belongs only to the desire corresponding to it. Since our task is to change our desire from reception to bestowal, our memory must be cleansed in order to start serving the new qualities and desires.

Therefore, don't worry about remembering the material you study! You should only worry about feeling it and increasing your desire to bestow. Is your desire becoming more sensitive and uniting with others? Do you understand that you do not want to unite with others? You should care only about the sensations!

Don't worry, the mind will always develop alongside the sensation. The mind forms in order to serve the feelings. That is how we are built by nature. That is why it is written that "people do not study with the mind." Kabbalah is not attained through the mind or by having more knowledge. There are no exams that will test who remembered or understood the most. It is the heart that understands.

If a person forgets what he heard at the lesson, does not understand it, and feels that the material disappears to the extent he advances ("I studied so much and heard about it a thousand times, and I still don't understand it!"), then this is a sign that he is advancing correctly. It means he is demanding a change and correction of his desire, rather than trying to fulfill himself with knowledge in a purely mechanical fashion.

That is why a person must be very careful about what he demands from the study and which changes he wants to see happening within him. Perhaps he wants to become smarter and understand more, which is called "reasoning more than doing". In that case he acquires more knowledge than correction (because action is correction), and that would be a grave mistake.

*-from the 2<sup>nd</sup> part of the [Daily Kabbalah Lesson 8/03/10](#)*

## Prepare A Place For The Light To Work

**Question:** It is written that a person who studies Kabbalah must free up a place in his heart. What is this referring to, a method of inner work?

**Dr. Laitman's Answer:** While studying *The Zohar* we must be concerned with freeing up a place in our heart where the Light that Reforms will begin to work. I have to prepare the material on which the Light will do its work. What is inside me that is bad right now, and needs to be returned to the source, to goodness?

I have to prepare an empty place for the Light, the area of the breaking, evil, so the Light will turn all of this to goodness. Therefore, I must first discern: "Where is this area of evil inside me and what does it mean?" And what does it mean that it will be turned to goodness? This state has to correspond to the action of the Light since otherwise the Light will not do it.

If my desires, intentions, and expectations do not correspond to what the Light does, then it will not influence me. It will only influence me in response to my true desire, the correct plea. Therefore, I have to feel in what regard I am bad (in my opinion) and change my notion of evil in order to make it the same as the Creator's (the Light's). To the Creator, evil is an egoistic action where you think at the expense of your neighbor and hate others. You have to desire for the Light to correct you and make you bestow, feel love for your neighbor, and a connection with others.

If I define my current state as bad and discern which state I consider good, and the transition from one to the other precisely corresponds to whatever the Light has to do, then the Light will do it. However, if I still don't have a very good understanding of what is evil and what is good, and what kind of change the Light has to perform in me, then it won't do anything!

I have to obligate the Light to do this! I have to desire this transition so much that I will enact the verse, "My sons have defeated me!" I have to force Him to correct me. I have to tell Him, "You have to do this! You promised it to me!" My desire must hit the target exactly.

This is the clarification we must be making during the study and before it, during the preparation. Then the correction will happen very quickly.

*-from the 2<sup>nd</sup> part of the [Daily Kabbalah Lesson 8/03/10](#)*