The Daily Page

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Taken from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

On The Other Side Of The Screen

The world we perceive was not given to us by accident. It follows from nature, which includes two opposite forms: the Creator and the creation. When we begin to ascend, we are given this world in order to help us become similar to the Creator and eliminate the difference between the point of creation, "existence from nothingness" and the Creator, or the difference between the *Kli* and the Light. This world is a state perceived by the point of creation, which is separated from the Creator and opposite to Him.

In order to lead us to "the other side of the screen," to take us from one picture to another, we were given a means called *The Book of Zohar*. It is a means that takes us from a state of disunity to a state of unity. This is why we are given the state we now perceive and the state we have to reach, as well as all the levels and stages that we have to go through on this path, and the means to do so—*The Book of Zohar*, which tells us about the connection between the two worlds, about how one world clothes into the other. None of these things are accidental.

We have to make efforts in order to use this means, *The Book of Zohar*, to change ourselves. The more this book will become revealed to us, the more it will change us. Thus, we will continuously move forward, advancing from our current sensation of a black point that reveals its own nature and attains its opposition to the Light.

All of reality exists inside this point of creation, or rather, reality exists relative to this point's perception. This point contains all the worlds and all the changes; everything is inside it. In addition, this point does not change in relation to the Creator that created it; in relation to Him it is always in the corrected, best possible state. It is the only existing point of creation, which He created from nothing (*Yesh Mi Ein*).

When we read *The Zohar*, we have to realize that we are not looking at a book, but a special mechanism that bridges our two states—the current state where we are separated from the Creator, can only feel ourselves, and are locked in a black point, and the future, higher state where we are united with Him. Using a special language or program, *The Zohar* shows us what actions and inner changes we can make in order to restructure ourselves within and be able to receive the Light that is outside of us for now.

Then our inner structure will be similar to the Light, the Creator. At the same time, we will always remain comprised of the matter called "the will to receive," or "existence from nothingness."

Spiritual Development Can Be Learned From Babies

Question from a Student: How can I find the inner qualities that *The Zohar* describes if I don't understand any of it and can't connect to it?

Dr. Laitman's Answer: We are like babies who don't know what kind of world they exist in, but are in the loving hands of their mother and relatives who provide them with everything necessary for their growth. A baby just has to desire to grow up, and nature helps by providing him with this desire.

In our world, meaning on the animate level, this desire exists in babies naturally. Even on the still and vegetative levels, as well as the animate level, which includes a person's physical development in this world, there is a natural desire to grow. However, if we want to grow on the human level—in spirituality, the desire has to come from us.

Development happens naturally on the still, vegetative and animate levels of nature. Thus far, we, the people in this world, have developed on all these levels and our desire has also developed on the same levels throughout all of history. But now we have to ascend to the "speaking" or "human" level. The human level means that we have to develop and attain the goal **on our own**. Based on all our bodily desires (for food, sex and family) and our social desires (for wealth, fame, power and knowledge), we have to develop **our own** aspiration to spirituality. We start with a point in the heart, but then we have to continuously push it to develop using the help of our environment.

To do this, we need the group because only it can give us the desire to develop the point in the heart. Armed with this desire, we begin to read *The Book of Zohar* together with the group. While we read, we have to desire to develop, where "development" means finding our future state or sensation in *The Book of Zohar*. This is the only thing we are looking for now.

Besides this, all we have to do is wait. Therefore, just desire to grow, like a baby who naturally wants to become an adult. See if you can calm him down, convince him not to grow, or not to desire and demand it. You'll find that it is impossible to stop him because nature pushes him to develop with an insurmountable force. That is how tirelessly we must work in spirituality. We must always be searching within ourselves, and we must never calm down and never stop changing. Then we will indeed grow up. This is the only condition and the only thing required of us.

The system exists, but we have to set it in motion with our desire, our inner aspiration. Without this inner pressure coming from us, that system will not influence us. That is to say, it will influence us through suffering, in order to awaken us, but we won't advance an inch by means of suffering sent to us from Above. We can only advance by means of our own desire, which comes from below, from us.

We may be receiving perpetual difficulties and problems, yet be stuck in the same place because these problems are insufficient for us to desire to unite with the correct group and to acquire a desire to develop. Despite the difficulties, we will be standing in the same place. By themselves, the difficulties are not a sign of development, but on the contrary, a sign that we have not made a single step forward yet.