

The Daily Page

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*Taken from the Daily Kabbalah Lesson
of Dr. Michael Laitman and Bnei Baruch*

The Last Unknown in the Equation

Descents show me that I will never realize the importance of the Creator alone; I will never come out of my egoism and find forces inside myself. However, every descent teaches me differently, by illuminating different weaknesses, qualities, and phases in me. The descents are followed by ascents, but at the end, one way or another I always discover my powerlessness.

At first I want to satisfy my egoism, which is called “knowing how many angels there are in the sky.” Then I switch my focus to the Creator, wishing to “catch” Him, to see the spiritual world. It seems to me that the door to changes has to open up in front of me rather than inside of me.

And finally, I start to understand that the changes have to happen inside of me. I catch the thread of the answer to my question: The redemption has to come from outside because I am certainly unable to do it by myself.

This work is done with the help of descents and ascents until a person comes out to the threshold of truth, having understood that everything depends on him, on the change in his perception. The Light gives you the forces to do it; you will not find them inside of you.

One’s demand is still egoistic, but he already lowers his head before the Upper Force so it will change him. Then he gradually agrees with the fact that everything comes from Above.

At the next stage a person understands that he has to acquire the quality of bestowal instead of the quality of reception. His demand is egoistic, but it is already a step forward.

After that he works with the environment in order to elicit the Light that will raise him to the spiritual treasure. As he learns about the notion of the group, he makes himself dependent on it, still hoping to derive benefit for himself.

After that the Light really does bring a person back to the Source. That’s because he built everything correctly and only one parameter remains to be changed: the intention, the end result—whose benefit does he want to attain?

That is how we reduce the path: by turning to the Creator through the group with the right request.

From the 1st part of the [Daily Kabbalah Lesson 01/05/11](#), Writings of Rabash

The Entrance Ticket to *The Book Of Zohar*

***The Zohar*, Introduction, Article “Yitro (Jethro),” Item 100: The seed of David, the sights of the colors change in him, and this is why Samuel erred, as it is written, “Do not look at his appearance,” since the other side was in Eliav. This was not so with David, since David’s forms are covered because the forms of the other side were included in his forms, and the form of the other side appeared in him first, passing over the eyes for a time, and the heart is alarmed and fears.**

We are mistaken in that we work very hard to understand what *The Zohar* talks about, and much less on the intention, the thought that we have to unite and reveal *The Zohar* inside of the connection between us. Only to the degree we unite, the image of the Creator will become revealed inside our unity, and it will be nothing like what we are able to imagine before we unite.

Our unity is the entrance ticket enabling us to see and feel spiritual images and qualities that *The Zohar* talks about. Their sum total gives us the image of the Creator. However, if we desire to discern what we study without searching for a connection between us, this is called external study, *Klipa*, a deadly poison.

If during the study I try to search for the image that I study, it is *Klipa*. On the other hand, if I first want to reveal that image through the prism of unification with the group, the environment, and only after the unification I try to find that spiritual image that *The Zohar* talks about, then it is holiness, bestowal, spirituality. At the end of the day I search for the forms of unity and bestowal, and that is the most important thing, whereas in the first case I look for the image or form of reception.

Therefore, we must first of all worry about how we pass through that prism, the intention, the unification with the group, the environment. This is very important! Without this we shouldn’t even open *The Book of Zohar* because it can either become a deadly poison or the elixir of life.

From the 2nd part of the [Daily Kabbalah Lesson 01/05/11](#), *The Zohar*