## The Daily Page

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Taken from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

## **The Program Of Creation**

To carry out the goal of creation means to become similar and equal to the Creator. That is His program in relation to us because this is the best, perfect state. However, in order to become equal to Him, we have to acquire a desire equal to His.

The Creator created a point of desire and then fulfills it with His attitude, Light, all the pleasures, and love for creation. He exhibits two ways of relating to creation: The Light of *Hochma* and the Light of *Hassadim*. This causes the desire to become enormous, to the World of Infinity. Our task is to add our own attitude to this desire, where our attitude is opposite to the Creator. To help us to this, the Creator places a point of bestowal into the desire He created, in order for us to develop it with our efforts. Thus, we develop our attitude to Him until it reaches the size of His attitude to us. We increase it by 620 times.

It is impossible to make this change all at once. It can only be done gradually, step by step, by making small changes. The path is paved with descents and ascents because on the one hand creation must remain empty and desire fulfillment, and on the other hand it must cleave to the Creator above the empty desire and become equal to Him. This is why there are always two opposite states combined inside creation.

There are two kinds of Light: Direct and Reflected. The Creator wants us to relate to Him in the Reflected Light the same way He relates to us in the Direct Light, and thus to become the same as Him. However, for Him, bestowal is His desire and His nature; whereas for us, bestowal is the intention to bestow while desiring to receive for His sake.

Therefore, we can be opposite to Him by having opposite desires, but equal to Him by having the same intention—the intention of bestowal and love. If I address Him with my desire, then I am opposite to Him. If I address Him with my intention, then I am the same as Him. That is why I always fall in my relationship with Him due to the difference of our desires, and then I ascend due to the similarity of our intentions. When my desire increases, I become opposite to the Creator, but when I correct my desire to receive through the intention to bestow, I become equal to Him.

Thus, I always oscillate between these two axes, and the most important thing is for my "self" to remain in the middle, in the middle line. I have to acquire the greatest desire to receive, which is opposite to the Creator, and then accordingly attach the intention to bestow to it. That is how I create the middle line, receiving for the sake of bestowing to Him, or for His sake. Through equivalence to Him, I will cleave to Him.

If I don't care about how I experience my state, whether good or bad, and the most important thing for me is to remain in the intention of attaining the greatest possible similarity to the Creator, then I am in the middle line.

-from the 4<sup>th</sup> part of the Daily Kabbalah Lesson 7/07/10

## When Time Disappears

"Introduction to the Book, *Panim Meirot uMasbirot*," Item 12: This is the meaning of the existence of time in this world. You find that first, these two above opposites were divided into two separate subjects, namely *Kedusha* and *Sitra Achra*, by way of, "even the one as well as the other." They are still devoid of correction, for they must be in the same subject, which is man.

Therefore, the existence of an order of time is necessary for us, since then the two opposites will come in a person one-by-one...

It is impossible to directly connect the two opposites: the qualities of the Creator and the qualities of creation. That is why we have to move in a step by step manner, first delving into an empty desire, then making a correction and being filled by Light, then going into emptiness again, then correction and Light, and so on. As we descend and ascend in this way, we advance from below upwards, increasing our desire and then correcting it with our intention so it bestows.

Only these changes give us the sensation of time. If we did not have the inner changes of desire and intention, then we would not feel time. We would remain in an unchanging state. Therefore, there is no time in the World of Infinity because there, everything is corrected.

To be in spiritual space means to cleave to one state or one principle above all the changes. That is why we don't feel time there. We are familiar with this even from our regular lives: If we are engrossed in a game or work, then we don't feel time passing by. We might be going through many states, but above it all, we cleave to one single point, and then we don't feel time. In other words, time does not depend on how we advance through descents and ascents, small states and great states. It depends only on how committed we are to this direction, the single point of adhesion, despite all the changes. Then we don't feel time.

That is why we ascend above time in the spiritual world. Passing the *Machsom* (the barrier between this world and the spiritual world) means holding on to this principle. Then you begin to feel what it means to be above time. There is no mysticism here. It is simply that we ascend, in our sensations, above the changes, and therefore time disappears.

-from the 4<sup>th</sup> part of the <u>Daily Kabbalah Lesson 7/07/10</u>