

The Daily Page

August 8, 2011

*Taken from the Daily Kabbalah Lesson
of Dr. Michael Laitman and Bnei Baruch*

What Proportions Does Pharaoh Have to Reach?

Question: How can I stop myself and avoid making mistakes when I know I am being guided by my feelings and am not acting well? And on the other hand, we have to fall in order to grow....

Dr. Laitman's Answer: Indeed, "A righteous man falls and rises a thousand times." Only by going through the experience of many descents and disappointments, great pain and errors that we have to pay for, do we finally reach the final conclusion and understanding that we have to rise above our egoistic nature. At the end, we understand that we will never be able to unite the mind and feelings together as long as we are inside of egoism.

This is the picture we are seeing in the world today in every country. Mentally everyone understands that we are entering a horrible crisis, but we cannot stop ourselves. Egoism pushes a person forward, ending up stronger than the mind, and therefore, man continues to act according to it.

He cannot do anything with himself. No matter how much we address the world and warn it, no one will hear us. But we are doing that only in order to show everyone that there is a method of correction, Kabbalah. Later, when facing the facts, man will become convinced in practice that he is stumbling upon problems at every corner, be it in economics, upbringing, or anything else. And from that he will understand that Kabbalah talks about correction. Otherwise, you can repeat the same thing a thousand times and no one will listen to you.

The world will not accept this solution until it reaches total despair and the understanding that its mind and feelings are like two poles that will never unite. People will keep making new mistakes. And as long as this happens, nothing will be able to help them. The only solution is to rise above our material mind and feelings for the sake of the spiritual goal. There you will be able to unite your mind and heart in the middle line, and then you will succeed. That's because they will start working together in one bundle. The heart will understand!

But in our world this never happens and we are always forced to choose: either the heart or the mind. One or the other!

We become more drawn into the crisis with each passing day. Today a new turn of the crisis is starting, and soon it will become apparent. One blow, another, and another—and eventually man will under-

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stand. That is how Pharaoh, our will to enjoy, our ego, brings us closer to the Creator, forcing us to understand that we have to hide from him.

It's as if Pharaoh knows that the sons of Israel will eventually run away from him. So why should he place himself under the blows? But that is how he is built—he brings himself to the blows. A person suffers, and he does not have any choice left but to run away from this force of evil.

Pharaoh is the opposite reflection of the Creator inside of us. The only question is: What proportions will he have to reach so we will decide to run away from him? This depends on the dissemination of Kabbalah, on people's understanding, and our unification in the group.

From the 1st part of the [Daily Kabbalah Lesson 08/08/11](#), Shamati