

The Daily Page

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Taken from the Daily Kabbalah Lesson
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How To Enter The Science Of Kabbalah

You don't know what stages you are going through while studying *The Zohar*, and there is no need to be concerned with this. Your only objective is to use *The Zohar* as "a miraculous tool."

Whether you feel good or bad, whether this book attracts you or pushes you away, try to keep going. Patience and continuity on this path is what will bring you success.

The most important thing is to desire to attract the Light of Correction, which will affect you so you will begin feeling and seeing the connection between your study and this Light. It won't be a miracle anymore, but will become a revealed system. Gradually you'll understand how it acts and how you are structured; how the Light can affect you and change your desires, thoughts, and intentions.

Also, you'll see how you affect the Upper System that shines upon you, as well as how your desires and intentions can evoke greater or smaller Light. You will begin to be aware of this system. Just like in any field of study, initially one studies only the external connections without knowing why things are the way they are. But then one penetrates deeper into the system, begins feeling it, and builds a model of it inside oneself. And thus, one begins living in that new world.

Therefore, we can understand spirituality only by building an equivalence to it inside ourselves. If I want to understand how any machine or system works, then it's not enough to just study it from outside. I need to build its model inside me in order to feel and understand it through my mind. Then I will understand how it works.

However, when building the spiritual model, I have to acquire the forces and qualities first, and then use them to build a model of the spiritual system. In other words, I need to acquire spiritual properties and then the system will gradually emerge and become revealed in me.

Then I will no longer need to make efforts in order to force myself to study. I will understand the entire system of *Partzufim*, *Sefirot*, and worlds, and how to purposefully affect them.

This way I will enter the science of Kabbalah and understand what *The Zohar* is talking about. It will guide me and tell me, "Go there, turn here, and see how it works." That is how I will learn.

I will feel this system and work with it and all the *Partzufim*, worlds, and *Sefirot*. I will begin to reveal its internal force, called the Creator.

A Spiritual Lens

We don't know the qualities of the Creator Himself. We see Him the way He is perceived by our souls, meaning the way He is revealed to us when *Malchut* (the soul) unites with Him through *Yesod*—just through one point. Due to its unification with *Yesod*, it reveals the “picture of the Creator,” something that exists in front of it, inside itself.

This works much like an optical lens through which the Light comes to us. The rays focus in one point, from which we reveal Light in *Malchut*. This focus is *Yesod*, the only point of contact, and its revelation occurs in *Malchut*.

After passing through *Yesod*, the rays disperse and create a picture in us, in *Malchut*. The picture shows us what exists before this point, yet we don't know the Upper System as we have no connection to it.

However, by adjoining it from this one point, which is the lowest point in the system, we reveal the whole picture of what exists above us. Thus, we only need to find contact with this one point; this is our point of contact with the Upper Level, *Yesod*, and in order for this to happen we all need to unite from the side of *Malchut*, thereby becoming similar to *Yesod*. We have to become one man with one heart, with one goal, intention, and desire in the mind and in the heart.