

# The Daily Page

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*Taken from the Daily Kabbalah Lesson  
of Dr. Michael Laitman and Bnei Baruch*

## **A Trail To Infinity Is Already Paved For Us**

Why is it written that *The Book of Zohar* exudes Light and contains a special force? We know that the book itself does not contain any special power, it's just paper. However, when a person attains the Creator through his desire, he paves the trail from this world through all the worlds, and his soul ascends up that trail to the World of Infinity.

As a person ascends up this trail, he establishes a connection with all the souls, similar to how in our world every organ is connected to all the others. A great Kabbalist is a great soul that wrote manuscripts and left them to us, and we now use them to receive the force of life and the Upper Light.

But why do we receive the Upper Light precisely through these books? It's because a Kabbalist's manuscript is his spiritual expression in relation to us, which helps us connect to him. It is a means of connecting with his soul.

Having paved the trail to the spiritual world and established a connection with all the other souls, a Kabbalist then left all of this for the whole world to use. Therefore, when we receive a book from a Kabbalist, we connect to his soul and to the connecting net that he created in the general system of souls. This, in turn, helps us connect with that great Kabbalist and take our own small steps with him by our side.

*The Book of Zohar* was written by ten great Kabbalists who correspond to the ten fundamental *Sefirot*, the primordial *HaVaYaH*. Therefore, they did not just pave a thin trail, but a wide, wonderful, and short path that allows anyone to receive the same forces as they had (to "fuel up" for the path) and ascend.

This is why *The Book of Zohar* is so special: It is not a book, but a spiritual system that enables us to establish a connection with the goal and provides us with everything we need to attain it. While reading *The Zohar*, we connect to this system, work with it, and it works with us. We must only desire to connect to it, to understand it, and to belong to it. If we have this desire, then the great souls of the Kabbalists have already prepared everything else that we need. They are able to lift us up, help us, and keep raising us higher and higher.

## Make The Whole World An Open *Book Of Zohar*

**Question from a Student:** How can we find the quality of bestowal inside us?

**Dr. Laitman's Answer:** I cannot find anything on my own; I only have to *try* to do it. The attempts I make will attract Light upon me that will change me. But it will only happen if I try to find these qualities inside me.

I have to search for the qualities described in *The Zohar*, such as oil, wine, Cohen (priest), Levi, Israel, Abraham, Isaac, Jacob, and many others so that the picture will come through as if emerging from a fog. It's enough to desire to reveal the spiritual world, similar to how a child does in this world. Even if we don't act for the sake of bestowal yet and are not connected to others, we will still begin to feel change happening inside us.

I receive reactions like this from dozens of people all over the world. Some of them are in direct, live contact with us, some are connected through the Internet, while others have no technical connection to us at all. They include beginners, as well as students who have been with us for years. Some of them attend all our Congresses, while others have never even met us. Either way, *The Zohar* causes changes in everyone. We only have to continue studying and keep trying to imagine ourselves, all the others, and the whole book inside of us. If we see all of our changes and all of reality inside of our inner world, then we will succeed. Our breakthrough will be called a miracle.

After that we will perceive all the other articles by Baal HaSulam in the same way, since he does not write any differently. And then we will understand that all people act no different than Kabbalists since they, too, carry out Nature's orders. You will suddenly see the hand of the Creator in any event happening in the world, and will then understand that "there is none else besides Him." There is not a place in all of existence that is not filled by Him. Your whole world will turn into an open *Book of Zohar*.

You won't just imagine everything happening inside you during the lesson, but will also perceive your entire life and every situation in the same way at all times. And this won't interfere with your mundane, day to day attitude to life; you will not get confused between the two approaches. In fact, other people won't even understand that you perceive reality any different because all of your inner perception will still remain inside of you; it won't be revealed to the outside world.

Therefore, the only way to check your progress is by whether it is easier for you to imagine the whole world as being inside you. However, in your regular life, you will still remain a completely ordinary person.