The Daily Page

December 14, 2010

Taken from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

My Work Is Part of the Common Work

Question: What should every person's concern be at the lesson: the purity of his own spiritual work or just unity?

Dr. Laitman's Answer: It's not enough to be schematically concerned about unity in general. As Baal HaSulam writes, we have to build the unity of Israel, the Torah, and the Creator.

We are in a state where every person and all of us together decide everything. Every person adds his "penny" to the group's common desire and from it receives the right aspiration to prayer. Then his personal prayer once again pours into the unity of the common prayer.

The individual work always combines with the common work: A person completes the whole and also completes himself with the whole. As a result we form a single prayer, about which it is written, "The sons of Israel cried out from the work."

In order to achieve this, the goal must be extremely important to us so that we wouldn't trade it for any "achievements" or theoretical knowledge. We are not satisfied by the calming rhythm of the daily routine because at the current rate we can keep "advancing" for another thousand years. We are not satisfied by success in dissemination because this is obviously just a means. No matter how great our achievements are, we cannot consider them the goal of our lives, not even a temporary, intermediate one.

We cannot calm ourselves by the results of our work and efforts, hoping that they will do the job with time. Instead, a person must immediately shift his gaze to the most important thing and place the true goal in front of him: the revelation of the quality of the Creator, the quality of bestowal inside him. We should demand this unequivocally and tirelessly. Any break harms the person and his connection with the Creator. Therefore, this is where the common prayer is necessary, which is able to be constant.

We have to understand that it takes very great efforts to enter the spiritual world, but they are not so difficult to make in the group and depend only on our agreement.

From the 1st part of the Daily Kabbalah Lesson 12/14/10, The Zohar

The Daily Page December 14, 2010

The Developer of Desires

Question: You said that the first action of correction is to discern all of my desires in order to understand which of them are subject to correction. Can you give an example of these desires? How do I make the clarification inside me? How do I know what is subject to correction?

Dr. Laitman's Answer: You have to discern this in the group. Start to tune into the group with all your qualities, desires, inclinations, and inner sensations. Then take a look and see: Which of them is for and which is against? What helps you in this work more and what helps you less?

Don't pay attention to the "taste" you feel in the process, if it is "bitter or sweet," even though that might help you. Rather, first and foremost pay attention to the "truth and falsehood": What can you use to connect with friends, and what can't you use?

Then you will discern it. You will start to reveal qualities and desires inside you that you did not notice previously and did not even suspect existed. These are the desires from the breaking. We do not work with the broken desires or *Kelim* in our regular lives because we do not aim to unite with others.

Desires from the breaking are only those that helped us be "as one man with one heart" in our root, which then broke and are now present in us. Start uniting with the friends and you will start to reveal that these desires are present inside you. If you don't feel them, it means you haven't started uniting with the group yet. That's why you still don't feel how many desires you have inside you that oppose unity, or in other words, are in a broken state.

From the 2nd part of the Daily Kabbalah Lesson 12/14/10, Talmud Eser Sefirot