

The Daily Page

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*Taken from the Daily Kabbalah Lesson
of Dr. Michael Laitman and Bnei Baruch*

The Fast Road To The Spiritual World

Light comes to us from Above and awakens specific parts of the common soul in order to advance them according to its program. This program is very complex and assumes that the souls will awaken in a specific order and combination among them like parts of one body. This is invisible to the eye, but according to the inner structure of the soul they are all connected with each other. The Light connects them together so they will perform the mutual work of searching for the quality of bestowal.

These are people who are complete strangers, very different from one another, and have completely contrasting material qualities. Yet, we have to believe that this is all arranged from Above. We have to leave behind everything that prevents us from uniting and search for a means that can help us accomplish this. The search will enable us to understand that the only basis for unification is bestowal, which is above reception. Nothing but this can unite people.

This path is very inconsistent, as if we are travelling across a very uneven road and our car is constantly thrown up and down by all the pits and bumps. Yet, despite everything it has to keep going and advancing forward. The more we advance, the greater is the frequency of bumps and the more sensitive we are to them. In other words, the changes taking place in us are more drastic and significant. The truth is that they were the same before, but we did not notice or feel them very much.



It is impossible to advance down this road unless you even it out. Then our car will roll along quickly and easily! The only way we can smooth out every pit and bump on this path is to have a common opinion in the group and unity among us. This is the only thing that will fill in all the pits and unite us together, making our path smooth and even.

There is no possibility to advance spirituality without evening out the road. The disturbances and problems that arise before a person who desires to advance individually, or worse yet, a group of individualists, are so great that it is impossible to overcome them. The car will inevitably get stuck and it will be impossible to get it out. A person will remain in the same place; his life will be over, and he still won't complete the path or attain the goal.

Therefore, our work must be aimed at unity. Then we will reveal that we can attain all the results precisely through unity! Our spiritual advancement on this path depends only on this. All the efforts and revelations happen only in one direction: inside this connection that unites us all.

Everything depends on how much a person values the connection among the friends above all the problems that become revealed, and he understands just one thing: "There is none else besides Him." All the disturbances come from the Creator. He gives rise to these inner pits and bumps inside us, confusing us in a thousand different ways. We have to imagine that all the problems come from Him and their only purpose is for us to unite.

Therein lies the secret to success! This is the basis upon which everything begins and all the rest is built.

-from the 1st part of the [Daily Kabbalah Lesson 8/15/10](#)

The Revelation Of The Breaking

Question: Who are people with a broken heart?

Dr. Laitman's Answer: The heart is all of a person's desires. When a person discovers that all these desires are for the sake of self-gratification, he sees that they are broken.

What is the breaking? Once upon a time, initially, we were connected by the force of bestowal, the force of connection among us. This happened naturally due to the Light or awakening from Above since that is what the Creator created.

Then the Creator concealed Himself and the Light disappeared. For this reason the connection among us disappeared. The revelation of a lack of connection among us is called breaking. All of this is talking about the creatures.

The absence of the revelation of the Creator or the quality of bestowal caused disunity. This disunity may be felt now as: "It's not so bad. Everything's okay. I just wish others would stop bothering me, and I also won't harm anyone." This is called the revelation of the breaking.

Besides this, there is a state where we feel that we are in the state of breaking and there is no connection or unity among us. This can also involve varying degrees of the realization of evil: Without a connection among us, I will not attain a good material life; through the absence of connection among us, I bring about natural disasters; or due to the absence of this connection, I do not attain the Creator, spirituality.

In other words, it is possible for a revelation to happen above the exile (meaning the lack of connection among us), or it is possible for a revelation to happen from below, which is what humanity is now gradually attaining.

-from the 2nd part of the [Daily Kabbalah Lesson 8/15/10](#)