

The Daily Page

December 15, 2010

*Taken from the Daily Kabbalah Lesson
of Dr. Michael Laitman and Bnei Baruch*

What Is Salvation for Me?

It is written that a person who opens up a Kabbalistic book desires to save his life, his soul. He asks the question about the meaning of life and looks for this meaning, wishing to be saved from the emptiness that is worse than death itself. We see that all of humanity is gradually coming closer to this state.

When a person cries out for correction from the bottom of his heart, then what is correction for him? This is the entire problem: Does he correctly imagine the salvation for which he asks? Is the meaning of it for him to ascend above egoism, to unite with others and with all of reality into one whole? Does he understand that he can no longer use the receiving desires, *Kelim*? Does he ask himself: What is the point of living by reception, by absorbing inside?

If a person really wants something more, it is possible only in the bestowing desires, in the *Kelim* that are aimed toward the outside. Then his cry for help means, "Save me from the desire that pulls everything to itself and gives nothing!"

If a person's heart is already aimed to the outside, if he desires to come out of himself, to establish his connection with everyone and there to find the sensation of life, then his intention is correct and then the Light that comes to him returns him to the Source.

From the 1st part of the [Daily Kabbalah Lesson 12/15/10](#), The Zohar

If You're a Hero...

Question: Lately I feel very tired and fall asleep at the lesson. Does this mean that my desire for the goal is not strong enough?

Dr. Laitman's Answer: First of all we must accept every state as coming from Above, from the Creator because "There is none else besides Him." If I relate to every state as being constructive and coming from the Creator, and therefore advancing me toward the goal, then it is already a useful state that really does build me. In this regard everything depends not on the state itself, but on my attitude to it: Who is it from?

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It doesn't matter what state I am in—good, bad, intermediate, or one that lacks any motion, even if I remain in it for several months. If I always relate to it as the right state for making discernments, corrections, and advancement, then I do not worry about what is actually happening.

I always raise *MAN*, remain in the intention, and in response, from Above I receive *MAD*, the state that comes to me. The intention comes from me, while the state comes from the Upper One.

Therefore, we must look at everything that comes to us from the Upper One as a blessing. Whatever came to us is what came because it undoubtedly comes from the "One who is Good and Does Good," and "There is none else besides Him." I have to treat every state as being necessary on the path.

If I constantly change and delve deeper into the study, the group, and the intention, then I am not worried by what I receive from Him. On the contrary, it's possible that each time I will receive a harsh treatment (*Gevurot*) from Him, but I understand that precisely this treatment is what advances me. After all, that is how a serious person is treated, one who is expected to make progress, in contrast to a baby who is treated tenderly and nothing is expected of him. Thus, everything depends on whether or not you're a hero....

From the 1st part of the [Daily Kabbalah Lesson 12/15/10](#), *The Zohar*