

The Daily Page

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*Taken from the Daily Kabbalah Lesson
of Dr. Michael Laitman and Bnei Baruch*

The Time Has Come!

Friends, for the first time in history we have reached the actual realization of the science of Kabbalah, which is intended for man and for the correction that creation has to go through! All of this is now in our hands and we have to do this even though it might seem difficult and even impossible.

Even if we are still afraid of being incapable and unable to do this, and even if we feel insecure, there is no other way to go—the time has come! Reality is obligating us to act. The place of the breaking is being revealed to us and we are obligated to perform the correction.

Even though we are used to thinking that Kabbalah is a study of some texts, intentions, and actions that don't bring the desired result, but only become expressed deep inside, in a person's experiences and sensations, yet at the same time, today we have reached a situation where this is also starting to become expressed in matter. That is, everything we study and everything we are trying to realize in the intention, are things we also have to see as clearly affecting matter and the occurrences happening in the world, in the new balance of forces, in the process that the world is going through.

We have reached practical Kabbalah! And it is impossible to leave your mission and run away. If we don't do what is incumbent on us, then there are very dramatic events waiting for us and for the rest of the world.

The force that has come to help us advance will continue to operate even if we don't use it correctly. If we miss the opportunity to use it correctly, by the desired path, then it will influence us in spite of our desire, in a very negative form.

Whether we want it or not, this force is now being revealed and it has to become expressed in us. We can turn it into an anti-egoistic screen and Reflected Light, to the degree we become similar to the Creator's bestowal. And nothing can be better than that! But if we don't do that, then the same force that we did not turn into a screen and intention, into the Reflected Light and bestowal, into Light and goodness, will start influencing us in the opposite form.

That is why Baal HaSulam says that he had to publish the newspaper and start acting so everyone would find out what kind of task they are facing, and would be able to carry it out.

From the 5th part of the [Daily Kabbalah Lesson 08/16/11](#), "The Nation"

Don't Be Scared of Your Fear

Question: What's the right attitude to have to the fear that I now experience when I go out to speak to people about Kabbalah?

Dr. Laitman's Answer: This fear does not disappear until the very end of correction. If you read Psalms, you will be amazed to discover that even King David, who, at the highest spiritual levels, felt fear. Obviously, it's not the same kind of fear that we feel, but the fear of whether or not you will be able to bestow, whether or not you will perform the action correctly. One has constant doubts about this.

Every spiritual degree begins with these fears and doubts. And the same thing is true for us: Everything begins with fear, repulsion, aversion, and apprehension. This is *Malchut*, which reveals the lack of everything within her. This is the degree of entering the state of bestowal for the sake of bestowal, *Bina, Hafetz Hesed*.

The state of bestowal for the sake of bestowal is not the state of a fearless hero. For now one is just rising above his ego, above all of the fears, and he can only bestow for the sake of bestowal. And it is possible to rise to this level of bestowal only from fear and apprehension, the feeling that you don't have anything—no strength or understanding, but that doesn't matter!

The most important is to rise above all of these fears and cleave to the upper one, and thus to attain the smallest, initial adhesion that is called the state of an "embryo," three days of the seed's absorption, above all of these unpleasant sensations.

This is a state of crisis, separation, and weakness which is in fact, worse than death. After all, death would provide some kind of escape, but here there is no escape. All you can do is leap upwards! This is not a simple state.

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