

# The Daily Page

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*Taken from the Daily Kabbalah Lesson  
of Dr. Michael Laitman and Bnei Baruch*

## Using the Crisis As a Means for Spiritual Progress

**We must properly assess our current state of affairs on the earth.** The defects are intended for us to correct them, to use them as a means for ascending into the upper world. Otherwise, what am I living here for? Why am I experiencing all of these troubles and attempting to resist them? I want to overcome them. I am aware of the situation and grateful for the crisis because by correcting it, I will enter the upper world. If not for this crisis, where would I work, where would I change myself in order to rise to a higher level?

We are talking about a means that enables us to improve and correct ourselves. We are revealing the illness, but now, by working on the treatment, we will attain our nature and understand what we lack in order to acquire the Creator's nature.

Obviously, the crisis is not a reason to get enthusiastic, but the revelation of evil. However, we should have a practical attitude to it. Suddenly I am discovering that I am cruel, greedy, and love to rule over others, that I don't have a care in the world for anyone else—and I evaluate these revelations as a means on the path. I am happy about the flaws that become revealed because I realize what they are intended for.

That is why we shouldn't silence or conceal the world's problems from ourselves. On the contrary, we have to expose them to people, and not in order to scare them, but to cure the illness. We have to show everyone that we have just one way out: to treat the crisis practically, to use it for making qualitative changes.

Then we will suddenly feel that we are doing wonderful work on correction, whose result will be eternal, perfect life. What can be better? We won't want to remain on the animate level, being born and dying over and over again. Besides, that's impossible because through our development we have already reached the need to ascend to the next level, into a higher dimension.

We are not just explaining the nature of the crisis to people, but are pointing to its higher goal. The issue here is not that it is educating us and bringing us closer, forcing us to unite. All of these are just means, a ladder by which we will ascend to a new level of being.

*From the 4<sup>th</sup> part of the [Daily Kabbalah Lesson 05/18/11](#), The World's Problems, Overpopulation*

