

The Daily Page

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*Taken from the Daily Kabbalah Lesson
of Dr. Michael Laitman and Bnei Baruch*

Let's Ascend Together And Never Fall Back Down!

Today there will be a Unity Evening in Beer Sheva, Israel; with every meeting such as this we ascend one step higher. Even if the event is not very big in size, it always adds to the previous one.

We do not feel how our efforts accumulate, but the same thing happens in our earthly development when we have to carry out many actions in order to make a visible growth spurt. It's just like the escape from Egypt: It happens unexpectedly, hurriedly, and in darkness.

That is why today's event is so important. Without a doubt every subsequent event is deeper since it is supported by all the previous states. Therefore, it ascends higher than all of them. If we unite all of our previous states together, then every subsequent state will be bigger than the rest and it doesn't matter if we feel it or not. The action is not evaluated according to our sensation.

Let's hope that we are already sufficiently prepared so that after the event we will be able to overcome the descent like an old man who walks hunched over, always checking in advance to see if he has dropped something.

In the same way, we now have to decide that we are ascending and never falling again! "One only ascends in spirituality and never descends." We have to be ready to overcome all of the weakness that will be revealed to us after the meeting and unity, and the way to do so is by faith above reason. Let's strengthen our connection so that afterwards we will feel the same state of unity as during the meeting.

The state we attain at the meeting should not disappear! We will inevitably feel empty because we will ascend to a certain state of unity and afterwards we will part and fall even lower than before. Now the only question is: What am I doing with this descent? The most important and valuable thing is the negative addition we receive because with its help we are able to ascend slightly higher.

This addition of egoism gives us an opportunity to ascend above it by "faith"—the quality of bestowal, which is above knowledge and sensation. The force to overcome the descent comes from Above if we ask for it together.

Only the "Stimulator" system can help us accomplish this because there we continue our unity following the Unity Evening in order to express ourselves there as much as possible.

With every meeting we will accumulate more and more drops of unity until "Penny by penny we will collect a great capital." We don't know how much we have collected there until it suddenly reaches the necessary sum in order to "pay" for the entrance into the Upper World. This always happens unexpectedly and hurriedly, like the exodus from Egypt. We cannot know about it ahead of time.

-from the 4th part of the [Daily Kabbalah Lesson 8/18/10](#)

Ascending The Levels Of Love

Question: How does our desire to unite together more become expressed: in thought or in sensation?

Dr. Laitman's Answer: The desire for greater unity is expressed by my desire to be in the common sensation where there is no distinction between “me” and “others,” and instead there is something that’s shared. However, I don’t know what it is. I don’t want to feel my “self”; I want to feel “us” where there is no division into “self” and “other.” This is a new reality that we produce.

On that higher level which we produce through our efforts, the desire is not divided (compared to our current level). It’s as if many drops of water come together into one great drop. Then there is no way to tell apart our previous state where each of us was separate.

It is impossible to express this accurately with our language, but it’s as if I lose myself. My “I” disappears. On the next level it turns into “we.” However, in relation to a higher level yet, our division gradually becomes revealed again.

After we attain the higher level where we merge together into one drop, new desires or new layers of egoism start being revealed in us. Where do they become revealed from? From the *AHP* of the Upper Level, which illuminates them. Then I begin to reveal that I am actually not connected with others, that I am alone and they are as well. This happens in our regular lives when you want to unite with someone with your entire heart and soul, but a moment later you already start to experience different calculations that divide you.

The same thing happens in spirituality, but there it happens because the Upper One starts to illuminate your flaws in this state. You thought that you attained unity, but now you are being shown that it’s not true. You are once again divided from others by egoistic calculations and hatred even though you thought that only love reigns among you.

The same thing happens in our world: We think that we always replace love with hatred and hatred with love, but that’s not true. The fact is that these are different levels. A greater ego is constantly revealed to us and therefore on every level evil always turns to good, and then good turns into evil, and that is how we advance.

-from the 2nd part of the [Daily Kabbalah Lesson 8/18/10](#)