

# The Daily Page

December 21, 2010

*Taken from the Daily Kabbalah Lesson  
of Dr. Michael Laitman and Bnei Baruch*

## **Bitter Medicine Instead of Sweet Lies**

**The Light always brings me a sensation of the gap between the Light and the desires.** It always gives me a bad sensation and it cannot bring me anything good. Firstly it always gives me a realization of evil, which is the truth. As much as I am able to ascend above the sensation of “bitter versus sweet” to the analysis of “true versus false” in order to clarify the truth in spite of the bitter taste, to that extent the Light is able to influence me.

But where will I get the strength to hold on to the truth so strongly even when I feel bad? I can only receive this additional force from the environment. Therefore it’s pointless for us to cry out to the Light. The Light influences us to the degree we are ready for it. It can wait a thousand years until we are prepared by way of very slow, gradual development, or it can drastically increase its influence at every second if we are ready for it.

There is no delay from the Light’s end. The delay depends only on how ready I am to tolerate the gap between the *Kelim* and the Lights, to be “above knowledge,” above the bodily suffering, when I am ready to be in the truth even if it’s bitter. Indeed, it really is bitter not to use the *Kelim* of reception, the desire for one’s own sake, while remaining in the intention of bestowal.

Therefore, we do not have any other means to speed up our development other than to connect with the environment. However, connection with the environment is also extremely painful. I cannot overcome myself. I can spend thousands of hours pleading with my friends to unite, but it will all be nothing but words. After that I stumble across my inner wall and am unable to do anything more than words.

However, if we at least try to do this together, then each person receives an impression from the others and thus reaches the point of truth: that he is unable to do this and must break precisely through this wall. Then he demands it from the Light that Reforms.

*From the 2<sup>nd</sup> part of the [Daily Kabbalah Lesson 12/21/10](#), Talmud Eser Sefirot*

## **The Children Correct the Parents**

**Question:** Why is it written in Part 8, Item 29 of *Talmud Eser Sefirot* that the lower one corrects the upper one? What does this mean?

## The Daily Page

December 21, 2010

**Dr. Laitman's answer:** The lower one (the world of *Atzilut*) corrects the upper one (the world of *Nekudim*). That's because the world of *Nekudim* broke instead of attaining the full correction.

It is necessary to reveal the evil inclination, the ego, as it is written, "I created the evil inclination and I created the Torah for its correction." But the evil was not revealed in the world of *Nekudim*, and therefore it becomes revealed during the breaking. It then becomes possible to build the world of *Atzilut*, "the Torah for its correction."

The entire world of *Atzilut* and its entire apparatus is *Atik*. *Arich Anpin*, *Aba ve Ima*, and *Zeir Anpin* in relation to *Nukva* of the world of *Atzilut* is called the system of "Torah" that brings the Light that returns the souls ascending into *Malchut* to the source of goodness. Therefore, after the breaking of the world of *Nekudim*, the lower one corrects the upper one.

Likewise, in our souls, which are fragments from the breaking of the common soul of *Adam HaRishon*, we also correct the body of the broken Adam. We are the surviving parts of this system and we have to correct it. *Adam HaRishon*, the upper one in relation to us, broke, and we, the lower ones, correct him.

The same thing happens in our world. The next generation has to correct the mistakes made by the previous generation. The children correct what the parents did, first with the help of the parents, and later ascending above them and taking everything that the parents left behind uncorrected in order to continue the correction. In other words, the children correct the parents, meaning they correct what the parents revealed.

The same thing happens in the world of *Atzilut*: On one hand the lower one corrects the upper one, but on the other hand the Upper One provides the instruments for correcting Himself.

*From the 2<sup>nd</sup> part of the [Daily Kabbalah Lesson 12/21/10](#), Talmud Eser Sefirot*