

The Daily Page

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*Taken from the Daily Kabbalah Lesson
of Dr. Michael Laitman and Bnei Baruch*

Only Ascents Lie Ahead!

Question: How can we be sure that there won't be any more breaking?

Dr. Laitman's Answer: We are at the final, lowest level. There is no way to fall any lower; nothing is worse than our state. From here on only ascents are possible. There cannot be a breaking. What else could break in us if we are separated from spirituality? What broke was spirituality, the intention for the sake of bestowal, the screen, the awareness of the Creator. We are in a state of pitch darkness, but since we do not feel spirituality, we also do not feel where we are in contrast to it.

For now we can only tell that we feel bad. However, we do not feel bad because the Creator is concealed or because we cannot bestow to Him. I feel bad personally and He does not concern me. This is the state of the breaking and of falling into the power of *Klipot*. Therefore, even if some thought about the Creator does awaken in you, then it's only about how to use Him, instead of giving Him pleasure. You are complaining, "When will I feel good already?!"

So how else can we break from this state where we are completely asleep without any movement? We are revealing our worst state, even worse than *Klipot*. *Klipot* is already the evil inclination, which I discern in the Light that shines for me. Then I can differentiate which desires inside me belong to *Klipot*: "the stormy wind" (*Ruach Seara*), "the great cloud" (*Anan Gadol*), "the consuming fire" (*Esh Mitlakahat*), where is *Klipat Noga* and where is holiness. The structure of my soul clearly appears before me. But in order to attain such discernments, we have to ascend to a very high spiritual level.

However, in our current state we are unable to discern anything. Everything is tasteless and empty. We read what the Kabbalists write, but all of it is just words for us, or various sequences of letters. What do we care?

Therefore, there can be no more breaking for us. There is no place lower we can possibly fall.

From the 2nd part of the [Daily Kabbalah Lesson 12/22/10](#), Talmud Eser Sefirot