

# The Daily Page

January 23, 2011

*Taken from the Daily Kabbalah Lesson  
of Dr. Michael Laitman and Bnei Baruch*

## In the Environment of Loving Souls

**Question:** What does it mean to enter the environment?

**Answer:** To enter the environment means that I feel or imagine myself as being inside the system where all [souls](#) are connected together. I advance together with them and depend on them. They are higher than me and through them I can receive the [Light](#) that corrects and fulfills me.

*From the 2<sup>nd</sup> part of the [Daily Kabbalah Lesson 01/23/11](#), The Zohar*

## Getting Away from Despair

**Question:** Is joy a criterion of advancement?

**Answer:** When I merge with the [Creator](#) and place myself under His influence, I feel that I make Him happy.

**Question cont'd:** But don't we come from despair? Should I be happy myself or just know that He is happy?

**Answer:** Sometimes a person feels despair, but this does not bring about progress. I cannot come closer to the Creator in this state. It's best to do everything possible to avoid immersing in despair. It is written, "A fool sits with his hands folded and eats himself up." It is [Klipa](#) to think that we advance out of despair.

When I grievously revel in my evil hoping to advance, the *Klipa* obstructs the truth from me. I do not see the Light, the Creator, the world full of corrections, joy, and fulfillment. I am in the evil like a worm in a radish and there is no way for me to move forward from here.

We never advance out of evil. Imagine a child immersed in evil. How will he grow? He will be barely able to, or won't grow at all.

We grow only out of joy, fulfillment, and good influence. Therefore, we have to put all our energy to coming out of despair and running forward, away from it. An extra moment spent in despair is already bad. You're better off going to take a nap; anything but to get used to being in despair.

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**Question cont'd:** What does it mean to greet the Creator first and then to greet people?

**Answer:** This means that first of all you have to make contact in your thoughts with the goal of your life, the reason you were created, and why are you doing, thinking, and deciding this? And of course, it's in order to reveal the Creator inside of you. This means that you have greeted Him. After that you already turn the person inside of you and greet him in order to bring him to the Creator's level.

*From the 1<sup>st</sup> part of the [Daily Kabbalah Lesson 01/23/11](#), Writings of Rabash*