

# The Daily Page

January 24, 2011

*Taken from the Daily Kabbalah Lesson  
of Dr. Michael Laitman and Bnei Baruch*

## Making the Creator Happy

**Question:** What can we do now to make the [Creator](#) happy?

**Answer:** Everything I do in the aspiration to unite with others in order to thereby give the Creator an opportunity to [bestow](#) to us—all of that means giving Him pleasure, even if I still haven't attained the kind of unity inside of which He could bring His abundance.

Unification has to be total. Our *Kli* divides into five parts, and into five more, and so on until the 125th part. This is the smallest degree of unity between everyone, and it is already sufficient in order for the Creator to give us the corresponding dose of His Light, which we will feel.

Therefore, our entire work lies in preparing the *Kli*, the vessel in the unification among us. We shouldn't work in relation to the Creator, but among us aspiring toward Him. Unlike Soviet Russia, we don't unite for the sake of ourselves, but in order to give the Creator an opportunity to bestow to us. Then Israel, the Torah, and the Creator will really be one.

And that is enough. We work among us, keeping an intention to benefit the Creator, in order to prepare the vessels for His bestowal.

*From the 1<sup>st</sup> part of the [Daily Kabbalah Lesson 01/24/11](#), Writings of Rabash*

## When I Feel Bad

**Question:** Do I have to look for suffering on the spiritual path, or on the contrary, avoid it?

**Answer:** You should never think about suffering. If a person feels suffering, he has to know that to the degree he feels the bad sensations, he is being controlled by impurity, [Klipa](#).

That's because suffering does not come from the [Creator](#). He is good and does good. Everything I feel comes from Him, even though it seems to me that I am being influenced from different directions. Thus, if my sensations are opposite to goodness, if they are unpleasant and bad, that means I am ruled by *Klipa*, egoistic desire, to the same measure. It neutralizes the Creator's good influence, turning it from Light to darkness. That is why I feel bad.

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Thus, the bad sensation is meant to show me how much I am immersed in evil. This has to push me to turn my sensation to goodness. And if I am in the right environment, then I can immediately achieve this. The [group's](#) support prompts me to immediately change the bad sensation to a good one.

*From the 1<sup>st</sup> part of the [Daily Kabbalah Lesson 01/24/11](#), Writings of Rabash*