

The Daily Page

March 24, 2010

*Taken from the Daily Kabbalah Lesson
of Dr. Michael Laitman and Bnei Baruch*

Create Yourself

There exists an empty realm in nature, which is there for us to have freedom of will. It's there for man to take care of himself and complete his own development.

This means that we must hurry to build a machine that functions as an incubator in order to make up for what nature does not wish to complete. Suppose nature developed an embryo for just six months, and then left it without any support for the last three months. We would have to place the embryo inside an incubator that makes up for the missed development, supplementing it until the full nine months.

This is what happens with the development of our soul. Imagine what kind of state we are in: At first we exist inside the living body of mother nature which raises us and cares for us, bringing us to a certain state. Suddenly, it abandons us and tells us, "From now on, make do on your own as best you can!"

Nature has brought you to the "human" level, but this is a degree you have to build yourself. Yet, there is nothing in our world that can give us an explanation of what is the "human" or "speaking" level.

A human is one who stands opposite the Creator, and the only science that explains who the Creator is, as well as His actions, desires, intentions, and goals, is the science of Kabbalah. That is why it is so necessary for us.

Spiritual Organs

A question I received: Why does a liver in spirituality correspond to the state of an embryo when there are more important organs, such as the brain and the heart?

My Answer: An embryo represents the smallest desires, which are just beginning to develop. They are also called "liver." When these desires develop further and become bigger, they are called "the heart." When they develop even more, they are called "the brain."

This is always the same ten *Sefirot*, which become revealed in a more developed, deeper, richer, and more complex form, following the sequence: liver to heart and then heart to brain. Their material branches in our world also possess the same qualities. For example, you might sever a liver, but even if a part of it remains, the liver will always be restored and grow. Doctors say that it is similar to a snake: You can cut off its tail and it will grow back. That's because a liver corresponds to the first level, called "inanimate" or *Nefesh*.

You can't do the same thing with the heart because it already corresponds to a completely different level —*Ruach*. This organ is already independent; while a liver, on the other hand, nullifies itself and

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carries out its work mechanically. In contrast, the heart works autonomously, participating on its own, and therefore it belongs to the level of *Ruach*.

The brain is even more advanced and belongs to the degree of *Neshama* (soul); it is connected to spirituality. The brain does not act by simply submitting to its nature, like the liver or the heart. Rather, it is connected to the Upper Level. In other words, it receives instructions and nourishment from spirituality, working as a receptor for spiritual information.

This is also evident from looking at the activity of the organs. The liver cleanses the blood, and blood belongs to the inanimate level. That is the liver's function: to cleanse the body of waste, or to function as a "janitor."

The heart already provides the whole body with the force of life and movement. That is why it's called *Ruach*—the spirit of life. However, this is still not life itself, but only its spirit. Life itself comes from the soul —*Neshama*.