

The Daily Page

January 26, 2011

*Taken from the Daily Kabbalah Lesson
of Dr. Michael Laitman and Bnei Baruch*

Bestowal Is Never Excessive

Question: How is it possible to differentiate a real desire from an excessive one? How can I know that I'm not asking for excessive things?

Answer: Bestowal is never excessive. It is unlimited because there was no restriction on the Light of *Hassadim*. Ask as much as you want; don't limit yourself. The most exorbitant requests are fine. There is no calculation with the Light of *Hassadim*.

The calculation begins only when you shift from the Light of *Hassadim* to the Light of *Hochma*, reception.

From the 1st part of the [Daily Kabbalah Lesson 01/26/11](#), Writings of Rabash

The Most Powerful Medicine Is Here – and You Don't Need a Prescription

Question: As long as we don't actually attain every word that the science of Kabbalah talks about according to that word's degree in spirituality, we won't be able to understand it. Before that happens, we are simply playing around with the words, with abstract forms not clothed in matter. But if Kabbalah is being revealed as the method for correcting the world, then why does it come in a form that's so abstract and unclear to a regular person?

Answer: Kabbalah is not an artificial or abstract method of correction, but the most natural one. If it is being revealed in this form, that means that this is precisely the form in which we have to receive it and it is the most suitable medicine for us.

That means I have to "take it" without resisting it or complaining that it is bitter, unclear, or that I don't like the rules regarding how to take it. I must treat this means as absolutely perfect. This "garment" was tailored especially for me.

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However, I am perplexed as to how it was intended for me since I can't see where to insert my arm or head, and how to put on this garment! But I am told: Don't worry, it's tailored exactly to your size, no bigger and no smaller!

Therefore, I must only advance toward it, research and look for how I can dress into this garment. After all, it was tailored especially for me and has been laid out before me.

It is possible to slightly adapt the explanation, bringing it closer to people in order to make it easier for them to perceive this science. But in essence, it has already been presented to us in the most perfect form. We can complain that we don't understand it since it contains many unsuccessful examples (as they appear to us), abstract names (as they seem to us), and *The Book of Zohar* is full of allegories that confuse us.

But despite this, if a person accepts all of this as salvational medicine sent to him from Above, then he has to take it as the perfect, most effective means that was selected especially for him.

From the 4th part of the [Daily Kabbalah Lesson 01/26/11](#), "The Essence of the Wisdom of Kabbalah"