

The Daily Page

June 27, 2011

*Taken from the Daily Kabbalah Lesson
of Dr. Michael Laitman and Bnei Baruch*

The Message of Light

People's desires are not sufficiently developed yet to grasp the altruistic message. And they couldn't bear it either. They would immediately run away. That is why there is a concealment preventing us from perceiving the idea of [love](#). People start hearing its reverberations and changing little by little.

Everything happens by means of the [upper Light](#). However, under its influence people do not get smarter because we are not talking about regular wisdom. Spiritual ideas can only be grasped with the help of the Light. When it pours upon me, I start understanding something, and that's how it happens again and again. After a period of despair and pressure, I suddenly feel that the time did not go by in waste. It turns out that this was a transition to a new phase of inner development.

Everyone experiences these transitions. We are still unable to prepare for them or to control them, to regulate their ascents and [descents](#), the fillings and revelations. However, the time will come when you will control them, as it is written, "I awaken the dawn instead of the dawn awakening me."

From the 5th part of the [Daily Kabbalah Lesson 06/27/11](#), "Matan Torah (The Giving of the Torah)"

Worlds That Move Toward One Another

The spiritual reality is above time, motion, and space, in a state that we are unable to imagine. We perceive everything with relation to time, in which we imagine motion, or with respect to motion that we imagine in time. And all of this happens in a certain place to us.

On one hand, these three parameters in which we perceive the world limit us very much. But on the other hand, for now precisely they give us the only opportunity to feel our reality inside of them. If we were not limited by time, motion, and space, then we would not perceive the world at all.

Our entire reality lies inside of the boundaries of time, motion, and space, even though these notions do not exist in reality! Therefore, the world we now perceive inside of these three limitations is called an [imaginary world](#).

But when we begin to develop spiritually, we reveal the true reality in which there is no time, motion, or space. We attain it from our level and higher, meaning by advancing upwards, toward an increasingly greater quality of bestowal, revealing the root that moves toward us from above downward: from the absolute quality of bestowal to greater restrictions in order to be able to reveal itself to us.

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But in this reality, there are obviously no changes, not from below upwards nor from above downwards. The entire expansion of the worlds form the world of Infinity, various *Partzufim*, *Sefirot*, and breakings, until our state in this world, and our attainment where we ascend up along the spiritual levels, all of this exists only in relation to the person attaining them.

Inside of him, in his attainment, he reveals a reality that seems to have been organized for him before from above downwards, until the level he now reveals. And he ascended to that level from below upwards. However, all of this exists inside a person and is felt in relation to his revelation and self-correction.

In reality, before him there were no actions from the Creator's end. Everything was completed in one initial act of creation. And it is also something we cannot understand: What does it mean that creation did not exist and then it emerged? After all, that already presupposes the existence of some sort of time, a beginning and end? But that's just how we describe it using our human language.

These two notions: the expansion of the worlds from above downwards and the attainment of reality from below upwards, create the perception of the world that allows us to exist for now. And the higher a person rises up the spiritual ladder, the greater the gap he perceives between these two meeting points, understanding how relative his perception and he, himself, are.

In essence, this is talking about the will to enjoy that attains itself or its creation by the Creator. All the levels of revelation that are contained inside one, single act of the Creator are revealed to us gradually, one after the other, in order to build the right perception of reality in us.

Therefore, we now need two levels of attainment until they finish developing in us by virtue of our efforts and the desire to connect them together. But in the end they will merge and the entire expansion of the worlds from above downwards and our ascent from below upwards will unite in one point of total unity, which is called *Malchut* of the world of Infinity.

From the 1st part of the [Daily Kabbalah Lesson 06/27/11](#), Shamati