

The Daily Page

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*Taken from the Daily Kabbalah Lesson
of Dr. Michael Laitman and Bnei Baruch*

The Root of the Soul

When a Kabbalist attains a spiritual degree, he “dresses” into the same form that is called “Abraham” or “Moses,” for example, and he “hears” what they say to each other. In *The Zohar* there are stories of people talking to each other even though they lived in different centuries, and you would think: How is that possible? It is because it is talking only about the spiritual world, not about people; it is describing desires and qualities that are called by these names.

Your name is also present there because you also have a root of the soul! However, for now it is not called by your current name. When you ascend there and correct this state, you will receive this name. You will reveal it. That is what you have to do: Reveal the root of your soul.

When you attain this point or your main, inherent spiritual quality, then from that point you will become included in the entire rest of the *Kli* of the World of Infinity. This will mean that you have revealed the soul of *Adam HaRishon* and it became yours, coming from your point.

Your spiritual vessel with the Light inside it is called by your name. You just don't know it for now because you are not familiar with your spiritual gene that acts inside of you, the spark, the point in the heart. You don't know where it comes from. It pulls you toward your root, but you don't know what that root is, where it is located on the ladder of the degrees, and in what state it exists. You have to reveal it and discover that this is, in fact, you.

This does not mean that you are limited by that root; on the contrary, you will rise even higher! However, you will attain everything from that point. Therefore, every soul is obligated to attain its root and every person has his own root.

There are “forefathers” who are called “the heads of the degrees” or of the “generations.” They are Abraham, Isaac, and Jacob. These aren't roots of particular souls, but fundamental qualities. They are names of the Creator's qualities.

On the other hand, each of us has his own root point that he must attain and in which he must correct himself. From there one corrects his connection with all the other souls. This is the meaning of the full, individual correction which every person must perform.

From the 4th part of the [Daily Kabbalah Lesson 10/27/10](#), “600,000 Souls”

Under Elemental Pressure

Question: Before the Convention how should we “make ourselves a teacher and buy ourselves a friend?”

Dr. Laitman’s Answer: It can only be done by way of unity; there’s nothing else for us to do. However, it has to be a wide and powerful action of bonding. We still have time.

We have to understand that there are descents, ascents, and difficult states awaiting us until the very last moment. We will experience sudden gusts of strong wind and the pressure of tall waves such as we have never felt before.

That is how dramatic the exodus from Egypt was. For 210 years everything followed its course, but before the exodus the preparation began, bringing very unusual states.

In any case, the more a person goes through at the preparation phase, the more serious the situation is and the greater chance he has of achieving his expectations.

From the 1st part of the [Daily Kabbalah Lesson 10/27/10](#), “Make Yourself A Rav, Buy Yourself A Friend”