

The Daily Page

December 27, 2010

*Taken from the Daily Kabbalah Lesson
of Dr. Michael Laitman and Bnei Baruch*

The Inner Group

In reality, it's not the group that has to influence you, but you have to tune into the group yourself.

When we say that the group has to influence a person, we want to inspire each person to bestow to the group.

The group's response may be powerful or weak, but that will not affect a person. That's because our connection and interaction is with the inner group, not the external one. The external behavior of the friends does not play such a substantial role.

Here everything depends on how strongly I tune into them, how much I try to feel their inner aspiration, which does not depend on me or on them. This is a spiritual reality, the unity between us on the level of Infinity.

Therefore, the group influences you to the degree you tune into it and desire to receive its influence, its bestowal.

From the 1st part of the [Daily Kabbalah Lesson 12/27/10](#), Writings of Rabash

All the Measurements Are Done in the Group

Question: Is there a phase in spiritual work when a person can tell exactly whether or not he is similar to the Light through his qualities?

Dr. Laitman's Answer: On various phases we feel closer or farther, but the most correct example is a person's attitude to the group: How much does he feel that the group's inner essence is the place where he wants to tune in, where he wants to "dissolve" like an embryo in a mother's womb, like a child in his mother's hands, to disappear and lose himself?

If a person still has something that hasn't disappeared, that he hasn't lost, that means his egoism is still alive. But as soon as a person dissolves in the group, from that moment on he begins to grow spiritually. Inside his sensation, desire, intentions, and effort a person can then measure where he is: in which *Reshimot*, in which *Sefirot*, in what state, and how many Lights enter his *Kelim*.

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He measures everything exclusively by his relationship with the right environment. After all, a person cannot measure anything in relation to the Light. The Light is a phenomenon inside the vessel, but not a notion in and of itself. According to Baal HaSulam's definition, everything that enters the vessels is called "Light."

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