

The Daily Page

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*Taken from the Daily Kabbalah Lesson
of Dr. Michael Laitman and Bnei Baruch*

The Secret Formula For A Miracle

Through *The Book of Zohar* the Creator shows us all kinds of examples that are intended to give us different impressions. Meanwhile, we don't know what this is, similar to how a baby doesn't know anything but still tries to imitate the examples he sees.

If you don't want to or cannot do it, then turn to the group and the books for help. Either way, you have to look for something that will push you forward and help you unite with the states and actions that *The Zohar* tells you about, despite not being able to understand any of it. What's important is that you *want* to understand.

The Zohar is talking about higher states of spiritual bestowal, which you desire to feel and experience. How can you do this? These are the questions that should constantly worry you.

It doesn't matter if you can't remember any of what you read. If you want the text to influence you so you will enter its world, so you will feel what it is talking about, then you will feel a very powerful sensation of how the reading influences you even though you don't understand a word of it. You will experience a change in mood, in various qualities, and in your outlook on yourself and the world. You will start to feel different changes happening every day until one day, you will make the leap.

All of this will happen as a result of the reading, even though you have no idea what you are reading about and what it wants to tell you. You have no connection with the book besides one desire: You want the book to be revealed to you!

This is how the Surrounding Light works; it is a wondrous, miraculous force. The influence that affects us from the Upper World is nothing short of a miracle because it works despite you not having a connection with it. There is no connection between the will to receive and the will to bestow. The whole connection is realized through the Creator, who is the root of both qualities. This concealed connection is called a miracle (*Segula*).

This follows a strict law of the Light and the desire (*Kli*) according to a fixed formula of their interaction. However, this form of connection is concealed from you, and that's why it is a miracle in relation to you. You push the button in one place and something pops up in a different place. The entire system is concealed from you and you don't understand how this connection works.

You were simply told that you have to read and desire—and the rest happens by itself!

A Book Of Adventures

A person who really aspires to spirituality will not calm down with a small attainment. He will always feel that he does not understand or know anything because he does not *feel* spirituality. The point in the heart is expressed precisely through this need to feel the Upper World.

You have to feel this spiritual picture inside of you. *The Zohar* is a book of adventures. But it's not a book you simply read or a movie you watch on a screen. You have to enter inside *The Zohar*. And it's not like entering our illusory world, but it can only be done once you get rid of all your illusions and fantasies. You don't need special 3-D glasses to feel that you are inside this movie (like when watching a movie such as *Avatar*).

This demand comes from the point in the heart and it can only be increased with the help of the group. Only the group can give a person the strength needed, in addition to his point in the heart, to reach the goal. If he doesn't cancel himself before the group in order to receive this force from it, then he won't attain anything. This constitutes our mutual guarantee without which none of us would have a spiritual vessel (*Kli*).