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October 28, 2010

Taken from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

Unity in Everything

The principle of loving your neighbor as yourself summarizes and includes all the principles. We carry out the principle of fear and the principle of love through unity by annulling ourselves before the group, and through mutual guarantee by receiving the Light that Reforms. The Light brings us the state of fear and then love.

All of it together is called "carrying out the 613 commandments." This is talking about the correction of desires. Every desire neutralizes its egoism and acquires a screen, the intention of bestowal.

I don't see the steps of the ladder ahead of time. I build them myself through self-renunciation, which enables me to hold on to the group more and more strongly. That is how a single *Kli* forms inside me, aimed at the single Creator. This requires the principle called "single corresponds to single."

All of our efforts and corrections are aimed at building this unity. A person discerns it by aspiring toward it and suppressing everything else. Who does he unite with? With the group, which he evaluates using just one criterion: the goal. He joins just this point of the goal which is present in the group, and not anything else inside those around him. He bows down before unity, focusing on it.

Then he is single and he unites with the single group, discarding everything else in his desire in order to reveal the single Creator who is "Good and Does Good": the quality of bestowal. Thus, through love for others, a person acquires love for the Creator.

From the 1st part of the <u>Daily Kabbalah Lesson 10/28/10</u>, "According to What is Explained Concerning Love Thy Friend as Thyself"

The Light of Our Life

Question: If *The Zohar* talks only about the types of connection between the souls, then what is the Light that we reveal?

Dr. Laitman's Answer: The Light is the sensation of connection between us. Nothing else becomes revealed.

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If there are no changes in the connection between us, the parts of the common soul, then there is no Light, no sensation of life. Everything is dead. On the other hand, if the parts of the *Kli* feel unceasing changes in the connections between them, this means that there is life flowing through the *Kli*; there is Light in the soul. Since different interinclusions and unifications take place between the parts, these changes provide the sensation of life or Light inside the *Kli*.

If they stop for a moment, everything will be silent and dead, but if everything changes, it creates a sensation of Light, the sensation of life inside the body of the soul. Therefore, it's wrong to think that the Light is external and foreign, or that it comes to the *Kli* from outside. Nevertheless, we do depict it this way on charts in order to schematically explain the phenomena happening inside the *Kli*: reception and bestowal, the inner and the outer. We are talking about the Light in relation to the *Kli*.

Therefore, to feel life means to continuously reveal new facets of our unity and constant changes in the connections between different parts of our common *Kli* (desire, vessel, or soul).

From the 2nd part of the <u>Daily Kabbalah Lesson 10/28/10</u>, The Zohar